



**Croydon
Neighbourhood
Care**

**Edition 2
Date: 19th February 2020**

Bulletin

VOLUNTEER

Croham Hurst Good Neighbours are looking for **volunteer minibus drivers** for their 'Door to Door' Shopping Bus Service to Sainsbury's Purley Way.

Tuesdays 9am-2.30pm/3.30pm some weeks—working on a rota basis to suit your needs.

Midas Training provided.

Telephone 020 8649 9678

Email chgnoffice@gmail.com

VOLUNTEER

Are you fit, active and have some spare time??

If so **Purley & Coulsdon Clubs for the Elderly (P.A.C.E)** are looking for an **escort** for their mini bus which brings members from their homes to their Day Centre in Lansdowne Road, Purley.

They run on Wednesday, Thursday and Friday

9am-11.30am and 3pm– 5pm

You can help out as little as one day a week. No obligation trial day.

For more details please call

Sarah on 020 8668 2270

or email: pace119@btinternet.com



Are you operating in Council-owned premises?

Croydon Council's rent subsidy scheme is now open for applications.

The rent subsidy will be awarded to successful applicants for a period of 3 years. The scheme will offer rent subsidy up to 100% of the contractual rent.

You can apply from 7th February 2020 and applications will close on **7th March 2020**.

You will be notified of the outcome of your application in April 2020.

Please note that awarded rent subsidy will be for the financial year April 2021 to March 2023.

How to apply

Please click on this link [Rent Subsidy Fund](#) to read more about this fund, eligibility and how to apply.



NCVO (National Council for Voluntary Organisations) have a diverse community of over 14,000 member organisations – a third of the voluntary sector

workforce in England. They provide expert support and advice and regular updates on the news that affects the voluntary sector. Membership fees depend on your annual income and how you choose to pay. If your organisation's annual income is less than £30,000 you are eligible for free membership.

Membership enables you to access free online resources ([NCVO Knowhow](#)) including an expert range of new online safeguarding resources.

Please submit any information you would like included in the next bulletin by Monday 2nd March to info@cnca.org.uk

Events & Activities

INASPECTRUM

Inaspectrum Adult Autism Croydon

Life Sharing and Support

New meeting venue

1st and 3rd Wednesday of the Month

11am to 1pm

The Hub (Broad Green local)

38 Keeley Road,

Croydon

CR0 1TF

Tel: 07900990292

AGM 1st April 2020 2-3pm

(at The Hub)

Dance Sessions for Charities



Engage4Health

A.S.K.I. are launching , a chair-based and standing dance/movement programme specially designed to engage older people with dance/movement as part of our Active Ageing programme in 2020

The Concept

Following over 25 years teaching and engagement with dance Joseph Jeffers as devised a range of chair based and standing exercise classes designed for people 50-85. The classes use a wide range of music styles and movements which benefits older people including those with dementia and cognitive impairment.

Classes are for a maximum of 20 people and the session cost £50 per hour. Classes are taught by Joseph Jeffers who holds a Degree in Dance along with a Diploma in Dance for older people. Joseph is an Associate member of the I.D.T.A.

A.S.K.I.
Active Support for Knowledge and Interest

For more information contact

joseph@aski.org.uk 07759194567

Ministry of Empowerment



Womens Day

Celebration & Project Launch

Empower 2 Engage

SPECIAL GUEST

Sonia Poleon (colourfulradio)

The Hub, Big Local Broad Green, 38
Keeley Road, Croydon, CR0 1TF

Call/Email to register your interest T:07432 155 916 E:lola@moe-online.org.uk



**Wellbeing
You**
All about you

Welderlies Pancake Warmers

Tuesday 25th February

St. Michael's Church Hall, Poplar Walk, Croydon CR0 1UA
1-4pm

Activities:

Pancake art & brain teasers

Pancake Races

Delicious pancakes and soup

New friends, New
experiences and Fun



Fully accessible venue
Buses 60, 64, 109, 198, 250, 289, 407 all stop in front of Church.
Buses 194, 197, 255, 264, 350, 367, 410, 455, 194, 197
to West Croydon Bus Station
All trams through West Croydon Bus Station



Welderlies: Tel: 07870 508 790 | Email: swk@wellbeingyou.org

CNCA Updates

Befriending Service

Here at CNCA we provide a service which is the only one of its kind in the borough. We offer a quality **befriending service** for elderly people with complex needs and those who are infirm, vulnerable, isolated and housebound, with little or no face to face contact with people other than their formal carers.

Our clients are often people who regularly attended social clubs, but due to declining health, are no longer able to do so, but could benefit from one-to-one conversation and a point of contact in case their needs should change. We offer holistic support to clients who have extra needs, for example, they may need advocacy or help accessing other services in the Borough. Our service is unique in that we remain with a client for the duration of their life or until we are no longer needed.

If you are aware of clients whose needs have changed, or you feel the environment that your volunteer is visiting isn't safe, or they have any concerns, then PLEASE refer your client to us. Likewise, if your client has a diagnosis of dementia, then again, PLEASE refer them to us.

Our referral form and eligibility criteria can be found on our [website](#)



**Follow us
on Facebook**

We have set up a new Facebook group for sharing events, information and good news stories. [Click here](#) to join.

Free training

Data Essentials - FREE session for Croydon groups, Wednesday 26th February 10am-1pm

Small charities and community organisations are capturing useful data all the time.

This free session will explore how you can collect and use/present your data to funders to both make the case for funding and showcase projects you have delivered. It is designed for beginners and anyone who wants to explore the role of data in shaping their own services or influencing others.

Superhighways are coming to Croydon to deliver one of their London Data essentials sessions for free on the 26th February. [Click here](#) for further information and to book a place.

