

# **CNCA** Directory of Neighbourhood **Care Services**

This directory contains details of support services available to adults over 65 years across the **London Borough of Croydon** 

This information is collated by **Croydon Neighbourhood Care Association (CNCA)** 

> Central Hall **Davidson Lodge** Freemasons Road Croydon CR0 6PD

General Tel: 020 8662 1000 Befriending Service Tel: 020 8654 4440

> Email: info@cnca.org.uk Web: www.cnca.org.uk

Charity No. 1084451

Supported by:



**Updated September 2022** However, due to Covid-19, it is advisable to contact the organisation directly for further information.

# Croydon Neighbourhood Care Association

CNCA are an infrastructure charity who have operated in Croydon since 1998 and have a significant membership of Groups and Neighbourhood Cares across Croydon; all of whom provide essential support services for the over 65s. CNCA provides capacity building, fundraising support, information forums, advice and training support.

We have the only complex Befriending service in Croydon, providing home visits to frail, elderly, housebound people with complex needs and often a dementia diagnosis. Referrals predominantly come from statutory agencies, particularly social care, and we carry out a long term piece of work, supporting those very vulnerable clients to stay safe in their own homes. Alongside this, is a volunteer run telephone-Befriending service and a 'keeping in touch' service with ongoing communication to other agencies involved and any relatives or friends – especially those living a distance away or abroad.



# Infrastructure Support Services Partners

#### **CNCA**

Central Hall, Davidson Lodge, Freemasons Road, CR0 6PD Tel: 0208 662 1000 Email: info@cnca.org.uk www.cnca.org.uk

(see previous page for more about Croydon Neighbourhood Care Assoc.)

CEO: Sue McVicker sue@cnca.org.uk

### Asian Resource Centre of Croydon (ARCC)

CVA Resource Centre, 82 London Road, Croydon, CR0 2TB

Email: info@arccltd.com Tel:020 8684 3784

www.arccltd.com

Bringing together Asian Communities & Businesses: supporting, developing and promoting voluntary/community activity that enhances the quality of life in Croydon.

CEO: Ima Miah ima.miah@arccltd.com

### **BME Forum**

56a Mitcham Road, Croydon CR0 3RG Telephone: 020 8684 3719, Email: info@bmeforum.org www.cbmeforum.org

The umbrella organisation for Croydon's Black & Minority Ethnic voluntary and community sector; engaging people, building capacity and promoting equality and cohesion.

CEO: Andrew Brown andrew@bmeforum.org

### **Croydon Voluntary Action (CVA)**

CVA Resource Centre, 82 London Road, Croydon, CR0 2TB Tel: 020 8253 7060, Email: cva@cvalive.org.uk www.cvalive.org.uk/

The umbrella organisation supporting voluntary and community organisations in Croydon, in key areas such as fundraising, financial management, project planning, good governance, marketing and premises management.

CEO: Steve Phaure steve.phaure@cvalive.org.uk

# **Borough Wide Organisations**

### **London Borough of Croydon Adult Social Services**

Tel: 020 8726 6500, out of hours Tel: 020 8726 6000 www.croydon.gov.uk/healthsocial/adult-care

Adult social service referrals email: referral.team2@croydon.gov.uk

Alternatively, go to the website and fill out their referral form: https://new.croydon.gov.uk/adult-health-and-social-care

### **Croydon Social Prescribing Programme**

Showing a better way to keep people healthy by bringing communities together and letting them take action. Link workers working with the NHS in GP surgeries. Finding the best ways of engaging with patients and the wider Croydon community, developing an array of locally based programmes proven to assist in their health self-management and supporting them through the transition of long-term behavioral change. These can be direct referrals to the programmes from GP's or self-referrals from any organization or individual.

### Age UK

81 Brigstock Road, Thornton Heath, Croydon, CR7 7JH Tel: 020 8683 7100 Email: aukc@ageukcroydon.org.uk

Empowering, enabling, supporting and connecting older people in the London Borough of Croydon to live well, healthily and independently. Help at home; Information & advice; Home from hospital & reablement; Personal safety & falls prevention; Healthier lifestyles; Nail care services.

Personal Independence Co-ordinators (PICS) providing personalised care support to individuals who are frail, vulnerable and in need of proactive and preventative planning.

Age UK's vision is to make the UK a great place to growolder by inspiring, supporting and enabling in a number of ways.

### **Carers Information Service**

24 George Street, CR0 1PB Tel: 020 8649 9339, option 1, Email: info@carersinfo.org.uk www.carersinfo.org.uk

# **Borough Wide Organisations**

### **Croydon Mencap**

Portland House, 678 London Road, Thornton Heath, Croydon, CR7 7HU Tel: 020 8684 5890, Email: info@croydonmencap.org.uk Providing advice, information and support through a range of products and services.

### Mind In Croydon

26 Pampisford Road Purley Surrey CR8 2NE

Tel: 020 8668 2210, Email: admin@mindincroydon.org.uk

### **Alzheimer's Society**

24 George St, Croydon CR0 1PB

Tel: 020 8 663 5664 Email: croydon@alzheimers.org.uk

### Citizens Advice Croydon

48-50 Portland Road, London SE25 4PQ

Tel: 0300 330 9095 Web: www.citizensadvicecroydon.org

#### **Your Care**

The Croydon Equipment Service, 28 Boulogne Road, Croydon, CR0 2QT Tel:020 8664 8860

#### Showroom:

YourCare (Croydon) Ltd, Croydon Living Independently Centre, 3 Imperial Way, Croydon CR0 4RR

Tel: 020 8196 2231 Email: wecare@yourcare.corg.uk
Assistance with daily living with a range of mobility solutions and equipment.

### **Croydon Commitment Ltd**

Mott MacDonald, 8-10 Sydenham Road, Croydon, CRO 2EE Tel: 020 8774 3680 Email: info@croydoncommittment.org.uk

Helping Croydon businesses to achieve the best value and impact from business corporate social responsibility (CSR) activities to benefit local people and the environment.

### Hourglass Safer Ageing (formerly Action on Elder Abuse)

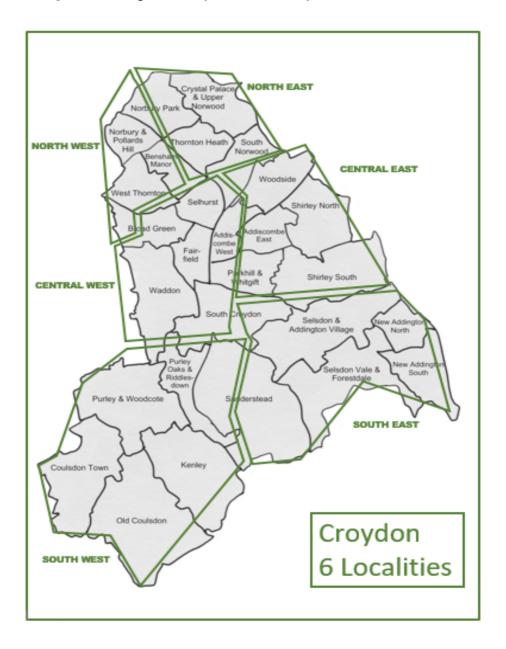
Online service Tel: 020 8835 9280

Email: timbuttle@wearehourglass.org Web: www.wearehourglass.org

The UK's only charity focused on the abuse and neglect of older people.

# Location of Neighbourhood Care Groups

### Map of Croydon (Localities)



# Member Groups

1.	Addiscombe Neighbourhood Care Association	CE
2.	Croham Hurst Good Neighbours	SW
3.	New Addington Good Samaritans (NAGS)	SE
4.	Old Coulsdon Centre (for the retired)	SW
5.	Purley & Coulsdon Clubs for the Elderly (P.A.C.E)	SW
6.	Purley Cross Centre	SW
7.	Selsdon Contact	SE
8.	Shirley Neighbourhood Care Scheme	CE
9.	South Norwood & Woodside Community Association (S.N.W.C.A)	SE
10.	Upper Norwood Association for Community Care (U.N.A.C.C)	SE
11.	Westbury Community Project	NW
12.	Abbeyfield Sanderstead Society Ltd	SW
13.	Abbeyfield Southern Oaks	SW
14.	Boston Road Baptist Church	CW
15.	Eastern Oasis Luncheon Club	SW
16.	Jagruti Women's Group	NE
17.	Sanderstead Neighbourhood Care	SW
18.	Selsdon Centre for the Retired	SE
19.	South Croydon Day Centre for the Retired	CW
20.	St Andrew's Contact Group	SW
21.	St Christopher's Hospice	
22.	Waddon Community Outreach	CW
23.	Advice Support Knowledge Information (ASKI)	NE
24.	Croydon Hearing	
25.	Croydon Vision	
26.	Inaspectrum	NE
27.	MHA Communities South London	SE
28.	Re-engage	
29.	Stroke Action Croydon	NW/CW
30.	50 Plus Online Café: 50pluscafé net	
31.	Wellbeing You Ltd	SW
32.	Ministry of Empowerment	NE

# Neighbourhood Care Group Details

(Opening Hours)

1. Addiscombe Neighbourhood Care Association (A.N.C.A)

The ANCA Office, St. Mildred's Centre, 30 Bingham Road, Croydon, CR0 7EB

Tel: 020 8654 5062

Email: info@anca.org.uk, Web: www.anca.org.uk Services Provided: A, B, C, F, G, H, I, K, L, M,

9.30am -12noon Mon-Fri

2. Croham Hurst Good Neighbours

CHGN Office, 52 Croham Road (off Morton Rd)

Croydon, CR2 7BA Tel: 020 8649 9678

Email: chgnoffice@gmail.com Web: www.chgn.co.uk

Services Provided: A, C, E, F, K, L, M

10am -12.30pm Mon - Thur

3. New Addington Good Samaritans

The Pop-In, 1 Salcot Crescent, New Addington, CR0 0JG

Tel: 01689 841176

Email: nagspopin@btconnect.com, Web: www.cnca.org.uk/newaddington

Services Provided: B, D, G, H, I, J, L, M

9am - 4pm Mon - Fri (closes at 2pm on Tues)

4. Old Coulsdon Centre (for the retired)

Old Coulsdon Centre, Grange Park, Coulsdon Road, Old Coulsdon, CR5 1EH

Tel: 01737 554 386

Email: occr@btinternet.com tonysalescentre@aol.com,

Web: www.occftr.org

Services Provided: A, C, E, F, K, L, M

1pm-5pm Mon, Wed, Fri

5. Purley & Coulsdon Club For the Elderly (PACE)

Dorothy Morby Centre, 119 Lansdowne Rd, Purley CR8 2PE

0208 668 2270 email: pace119@btinternet.com

(Shopping bus to Tesco operates Tues. Call to check availability, pick up and

return times in your area)

Services B,C,J

10.30am-3.30pm Weds. 10.30am -3.30pm Fri. Sarah Crane

#### **KEY TO SERVICES PROVIDED**

A. Be-friending / Support Services

- B. Lunch Clubs
- C. Carers Respite / Support
- D. Coffee Mornings/ Tea Parties
- E. F. IT / Computer Support
- Shopping
- Equipment for Hire G.
- Н. **Exercise Classes**

## Neighbourhood Care Group Details (Opening Hours)

6. Purley Cross Centre (Community Information)

Purley Baptist Church Foyer, Banstead Rd CR8 3EA

Tel: 020 8668 4189

Email: manager@purleycrosscentre.org/info@purleycross.org

Web: www.purleycrosscentre.org

Services Provided: E, I

10am - 4pm Mon - Thurs 10am - 2pm Fri

7. Selsdon Contact

Selsdon Community Centre, (Lower ground floor, Sainsbury's),

132 Addington Road,

South Croydon, CR2 8LA

Tel: 020 8651 4944

Email: info@selsdoncontact.org.uk, Web: www.selsdoncontact.org.uk

Services Provided: A, C, D, E, F, G, I, K, L, M

10am– 3pm Mon-Fri

8. Shirley Neighbourhood Care Scheme

West Wickham & Shirley Baptist Church, Wickham Rd, Croydon CR0

8EH

Tel: 020 8662 9599

Email: sncs@shirleyneighbourhoodcare.co.uk,

Web: shirleyneighbourhoodcare.co.uk Services Provided: A, B, F, L M 10am -12.30pm Mon - Fri

South Norwood and Woodside Community Association (S.N.W.C.A)

Spurgeons College, 189 South Norwood Hill, SE25 6DJ

Tel: 020 8768 2698

Email: snwca@hotmail.co.uk

Services Provided: B, F, H, J, L (hearing & chiropody clinic)

10am - 2pm Mon & Thurs (lunch club) Wed & Fri (shopping)

#### Neighbourhood Care Group Details (Opening Hours)

10. Upper Norwood Association for Community Care (UNACC)

The Waterside Centre, 26 Avenue Road, London, SE25 4DX

Tel: 020 8771 6886

Email: info@unacc.org.uk, Web: www.unacc.org.uk

Services Provided: B, D, E, H, I, J, L (also art classes & film club)

9.30am-2.30pm Mon –Wed &

Fri

11. Westbury Community Project

Mercedes Amos Day Centre

Byers Memorial Hall, 183 Handcroft Road, Broad Green, Croydon, CRO

3LF

Tel: 020 8664 8101

Email: westburycomproj@aol.com Services Provided: B, E, H, I, J, L, M, N 10am-4pm Tue-Thur (centre open) Office also open Mon & Fri

12. Abbeyfield Sanderstead Society Ltd

2 Beechwood Road, Sanderstead, South Crovdon, CR2 0AA Tel: 020 8657 6668 (House Manager) 020 8768 3737 (Office only) Email: afldsan@tiscali.co.uk, Web: www.abbeyfield.com/Sanderstead Services Provided: D (On occasion - please call for further details)

Tues 9am -3pm Thurs 9am -1pm

13. Abbeyfield Southern Oaks

Nonsuch Abbeyfield, Old Schools Lane, Ewell KT17 1FL

Tel: 020 8394 0050

Email: joanne.taylor@abbeyfieldsouthernoaks.org

Call for information

14. Boston Road Lunch Club (temporarily closed at 18/5/22)

**Boston Road Baptist Church** 55 Boston Road, Croydon CR0 3EJ

Tel 07940 504 873 Email: ruthieallison55@gmail.com

Services Provided B

Friday 11.30am -2pm

15. Eastern Oasis Luncheon Club

Correspondence: 71 Woodcote Grove Road, Coulsdon, CR5 2AL Meets at: West Thornton Community Centre, 731-735 London Rd,

Thornton Heath CR7 6AU

Tel: 020 8683 2996 or 07956 219163 Email: shkdarr@gmail.com .

Services Provided: B, H, J

12noon - 3pm Mon and Fri

#### **KEY TO SERVICES PROVIDED**

A. Be-friending / Support Services

- B. Lunch Clubs
- C. Carers Respite / Support
- D. Coffee Mornings/ Tea Parties
- IT / Computer Support E.
- F. Shopping
- G. **Equipment for Hire**
- H **Exercise Classes**

### Neighbourhood Care Group Details (Opening Hours)

16. Jagruti Women's Group

Correspondence: 9 Wessex Court, 15 Bickley Road, Bromley, BR1 2ND Meets at: Winterbourne Youth Centre, 28 Winterbourne Road, Thornton Heath, CR7 7QT Tel: 020 3719 1804

Email: info@jagrutiwomens.co.uk, Web: www.jagrutiwomens.co.uk

Services Provided: H, J, L, I (snacks provided)

1pm –4pm Tues Term Time

17. Sanderstead Neighbourhood Care

All Saints Hall, Onslow Gardens, Sanderstead, CR2 9AB Tel: 020 8657 8289 Email: sanderstead.neighbourhood.care@gmail.com Services Provided: A, F, I, L, M, B (alternative Fri)

10.00 - 12-30pm Mon - Fri

18. Selsdon Centre for the Retired

Selsdon Community Centre (entrance inside the Sainsburys building) 132 Addington Road, South Croydon, CR2 8LA

Tel: 020 8651 1111

Email: selsdon.centre@btinternet.com, Web: www.selsdoncentre.org.uk

Services Provided: B, E, H, J, L, M

9am - 3pm Mon, Wed, Fri

19. South Croydon Day Centre for the Retired

Rear St. Peter's Hall, Ledbury Road, Croydon, CR0 1EP

Tel: 020 8681 7948

Email: office@southcroydoncentre.org, Web: www.southcroydondc.org

Services Provided: B, D, H, I, J, L, M

10am - 4pm Mon and Thurs

20. St. Andrew's Contact Group

St Andrew's Church, Woodmansterne Road, Coulsdon, CR5 2DD Tel: 01737 555996 Email: contactgroup@standrews.coulsdon.net

Web: www.standrews.coulsdon.net Services Provided: A, D, I, J, L, M

Pop in every 2nd Tuesday in the month from 2-4pm Monica Jefford

21. St. Christopher's Hospice

51-59 Lawrie Park Rd, Sydenham, London SE26 6DZ

Tel: 020 8768 4500

Email: info@stchristophers.org.uk

Unrestricted

Information and Advice

J. Day Centre/Pop in

K. Gardening

L. Outings and Events

M. Transport Scheme

N. Dementia Support

# Neighbourhood Care Group Details (Opening Hours)

22. Waddon Community Outreach

Church House, Barrow Road, Waddon, Croydon, CR0 4EZ

Tel: 07984112804

Email: stgeorgewaddon@hotmail.com carolmilgate@hotmail.com Services Provided: A, B (term time only), D, E, H (outside on Purley playing fields, J

10am-4pm Tue-Thur

23. Advice Support Knowledge Information (ASKI)

Correspondence: 33 Brigstock Road, Thornton Heath Croydon, CR7 7JJ

Tel: 020 8683 2191 / 07759 194 567

Email: info@aski.org.uk Web: www.aski.org.uk

Services Provided: A, B,(1st Wed of the month) D, E, H, L

10am-4pm Mon-Fri. Sat community café 10am-3pm

24. Croydon Hearing

Croydon Hearing Resource Centre, Stafford House. 19 Stafford Road.

Croydon. CR0 4NG.

Tel: 020 8686 0049 Email: hello@croydonhearing.org.uk

Call for details

25. Croydon Vision

Bedford Hall, 72074 Wellesley Rd, Croydon CR) 2AR Tel: 020 8688 2486 Email: info@croydonvision.org.uk

Call for details

26. Inaspectrum

Correspondence: 72 Falkland Park Avenue, South Norwood,

SE25 6SH

Tel: 07900 990292

Email: inaspectrum@hotmail.com

Web: www.inaspectrum.com /www.meetup.com/inaspectrum

Call for details

27. MHA Communites South London

17 Shirley Church Road, Croydon CR9 5AL

Tel: 07597135220 Email: southlondon@mha.org.uk

Call for details and events

#### **KEY TO SERVICES PROVIDED**

A. Be-friending / Support Services E. IT / Computer Support

B. Lunch Clubs F. Shopping

C. Carers Respite / Support G. Equipment for Hire

D. Coffee Mornings/ Tea Parties H. Exercise Classes

# Neighbourhood Care Group Details (Opening hours)

28. Re-Engage (formerly Contact the Elderly)

2 Grosvenor Gardens, London SW1W 0DH

Tel: 020 8017 8240 Email: jane.vasudevan@reengage.org.uk

www.reengage.org.uk

Call for details

29. Stroke Action Croydon

CVA Resource Centre, 82 London Road, CR0 2TB

Tel: 07903 052 577

Email: Strokeactioncroydon@yahoo.co.uk

Web: www.strokeactioncroydon.org

Services Provided: H, L

11am - 3pm 2nd and 3rd Tuesdays monthly

30. 50 Plus Online Café: 50pluscafé.net

Join our online 50plus café.net we offer an interactive website whereby you can make friends and gain support through your com-

munity.

Tel: 07813 943 840

Email: 50pluscafe.forum@gmail.com

Web: www.50plusonlinecafe.com Services Provided: A, I and em-

ployment/training & health issues

Web Based Platform

31. Wellbeing You Ltd

Correspondence: Weatherill House Business Centre,

23 Whitestone Way, Croydon, CR0 4WF

Tel: 07870 508790 Web: www.wellbeingyou.org

Email: swk@wellbeingyou.org Services Provided: B, H, I, L

Call for details

32. Ministry of Empowerment

Cornerstone House, 14 Willis Road, Croydon, Surrey CR0 2XX

M. Transport Scheme

N. Dementia Support

Email: Dorothy@moe-online.org.uk Tel; 0208 684 5857 Services Provided J Mon-Fri 10am-4pm

Information and Advice

J. Day Centre/Pop in

K. Gardening

. Outings and Events

# **Additional Organisations**

St Francis, Monks Hill 146 Tedder Rd, South Croydon CR2 8AH 020 8657 7864 stfrancisselsdon@gmail.com www.stfrancismonkshill.org.uk Over 50s Club

Croydon Asian Women's Organisation 89 Galpins Rd, Thornton Heath CR7 6EN 020 8409 1152

Fieldway Over 50s Fieldway Community Centre, Fieldway, New Addington CR0 9AZ 01689 842682

Age Unlimited Enriching Skills Airport House, Purley Way, Croydon CR0 0XZ 020 8651 1343

Silver Line

Free phone support for older people, 24 hours a day.

Tel: 0800 470 8090 Website: www.thesilverline.org.uk

Dementia Café Memory Café The Prince George Pub, 2 High Street, Thornton Heath, CR7 8LE 020 8664 9527

Carers Information Service 24 George Street, CR0 1PB Tel: 020 8649 9339, option 1, Email: info@carersinfo.org.uk www.carersinfo.org.uk

The Oddfellows (friendly society. Care & advice, support, social events. enquiries@oddfellows.co.uk www.oddfellows.co.uk

### **Additional Organisations**

# SPECIAL SHELTERED HOUSING & RESIDENTIAL CARE:

Brookhurst Court 190 Selhurst Rd, South Norwood, London SE25 6XX 080 8771 7560

Freeman Court 94 Stanford Rd, Norbury, London SW16 4QR 020 8679 3587

Frylands Court 24 Hutchingsons Rd, New Addington, Croydon CR0 0BD 01689 847233

Southsea Court 1/41 Eastney Rd, Croydon CR0 3TB 020 8680 2831

Toldene Court 106 Tollers lane, Old Coulsdon, Croydon CR5 1BD 01737 556101

Truscott House 14 Stanley Grove, West Croydon CR0 3QU 020 8684 9263

Peony Court (Barchester Healthcare)
58 Addiscombe Road, Croydon, CR0 5PH
Tel: 020 8649 8800 www.barchester.com/home/peony-court-care-home (residential care, respite care and short stays, activities)

### **DAY CARE:**

### 1596 Club at Whitgfit Care

Whitgift House, 76 Brighton Road, South Croydon, Surrey, CR2 6AB Wilhelmina House, 21 Park Hill Rise, Croydon, Surrey, CR0 5JF Tel: 020 8256 1596 www.whitgiftcare.co.uk

### Useful contacts

#### **Care Friends Croydon**

(part of Careline) Tel: 020 8054 9744

#### Be on Hand

Tel: 020 3488 2912 Email: hello@beonhand.co.uk

#### **Rowland Brothers Funeral Directors**

299-303 Whitehorse Lane, Croydon CR0 2HR 020 8684 1667

#### **LIFE Team**

main number - for hospital discharges with reablement (physio/social worker/OT) - 020 8274 6974 Janine Walker 020 8651 0537 or 07538 842470

#### The South London Law Centre

Croydon, 5th Floor, Davis House, Robert Street, Croydon CR0 1QQ Tel: 020 8767 2777 (10.30-11.30am, Mon-Fri) Enquiries@swllc.org.uk

### TRANSPORT:

Croydon Accessible Transport
14 Willis Rd, Croydon CR0 2XX
020 8665 0861 admin@croydonaccessibletransport.org.uk

1596 Club at Whitgift Care Whitgift House, 76 Brighton Rd, South Croydon CR2 6AB 020 8760 0472 www.whitgiftcare.co.uk

Dial a ride 0343 222 7777 dar@tfl.gov.uk

East Surrey Dial a Ride Douglas Brunton Day Centre Park Road, Caterham CR3 5TA 01883 349001

### **Activities**

**Balance and Movement** 

Age UK Croydon, 81 Brigstock Rd, Thornton Heath, Croydon CR7

7JH

Tel:020 8680 5450 Email:aukc@ageukcroydon.org.uk

Monday 10 - 11am

Zumba Class

Upper Norwood Library Hub, 39-41 Westow Hill, SE19 1TJ

Monday 7 - 8pm

Age UK Croydon, 81 Brigstock Rd, Thornton Heath, Croydon CR7

7JH

Tel:020 8680 5450 Email:aukc@ageukcroydon.org.uk

Wednesday 9.30 - 10.30am

& 10.45 -11.45am

**Over 50s Exercise Class** 

St Paul's Church, St Paul's Rd, Thornton heath, Croydon CR7 8NB

Tel: 020 8768 5387

**Tues & Thurs** 

11 - 12

Yoga Class

St John's Church, 2 Sylvan Rd, London SE19 2RX

Tel: 020 8768 5387

Wednesday

Wednesday

Waterside Centre, 26 Avenue Rd, South Norwood SE25 4DX

Tel: 020 8771 0297

Tues & Wed

Tai Chi

Broad Green Tai Chi Group, 96-98 High St, Croydon CR0 1ND

020 8240 0815 Email: larpeg36@yahoo.co.u

Thursday 10.30 -11.30am

Various activities

Peony Court (Barchester Healthcare)

58 Addiscombe Road, Croydon, CR0 5PH

Tel: 020 8649 8800

www.barchester.com/home/peony-court-care-home

Check website or call to see what's on.

### **CNCA Membership Services**

Our membership is open to everyone, for example you may have a once a week lunch club or offer just one or two services, but no organisation is too small. If you cater for the over 65s, you can become a member and have access to a range of services, advice and information. CNCA will provide you with an opportunity to advertise your service across London Borough of Croydon by brochure and website. CNCA will also recommend your services on your behalf.

- Advertising of your group services in the CNCA directory
- Access to training programmes organised and hosted by CNCA
- Attendance at CNCA's membership forum meetings
- Advice, information and support
- Referrals to our befrienders and telephone befrienders
- Circulation of information around other CNCA member groups

For any of these services please contact us on either: 020 8662 1000 or info@cnca.org.uk

### **CNCA's Befriending Service**

We are able to provide support to people who meet the following criteria:

- Elderly vulnerable people with complex needs or carers of these people
- Living alone and isolated
- Must live in London Borough of Croydon
- Housebound
- Minimum of 65 years old

**Open: Mon - Thurs, 9.30am- 4.00pm** 

Phone: 020 8654 4440 Email: info@cnca.org.uk



Davidson Lodge Freemasons Rd Croydon CRO 6PD

Tel: 020 8662 1000

Befriending Service tel: 020 8654 4440 info@cnca.org.uk www.cnca.org.uk

Have you signed up to receive our bulletin? Contact info@cnca.org.uk.

London Borough of Croydon: www.croydon.gov.uk

To receive e-updates and newsletters from CVA: <a href="https://cvalive.org.uk/news/">https://cvalive.org.uk/news/</a>

### **DISCLAIMER:**

This directory is updated by Croydon Neighbourhood Care Association every 3 months. If you have a copy that is older than this, please contact the office on 020 8662 1000 for an up to date version.

Please be aware that if you send out an older version of this booklet, the information may not be up to date.

If you work with over 65s and are interested in becoming a member of CNCA and included in this directory, please contact us on the number above or by email: info@cnca.org.uk.

