

Wellbeing You supports the elderly/over 65s, their families and carers to take more responsibility for their health and wellbeing through:

- use of *GP Partnership Tool* to improve communication and promote harmonious relationship with clinicians
- creating awareness and facilitation of opportuniies that promote self care and preventive health among the elderly
- delivering initiatives that fulfil older people's community development aspirations



Weatherill House Business Centre, 23 Whitestone Way, Croydon CR0 4WF

Tel: 07870 508 790 Email: swk@wellbeingyou.org