



**Croydon  
Neighbourhood  
Care**

# **Directory of Neighbourhood Care Services**

**Updated June 2018**

**This directory contains details of support  
services available to adults over 65 years across  
the London Borough of Croydon**

**This information is collated by  
Croydon Neighbourhood Care Association**

**Central Hall  
Davidson Lodge  
Freemasons Road  
Croydon  
CR0 6PD**

**General Tel: 020 8662 1000  
Befriending Service Tel: 020 8654 4440**

**Email: [info@cnca.org.uk](mailto:info@cnca.org.uk)  
Web: [www.cnca.org.uk](http://www.cnca.org.uk)**

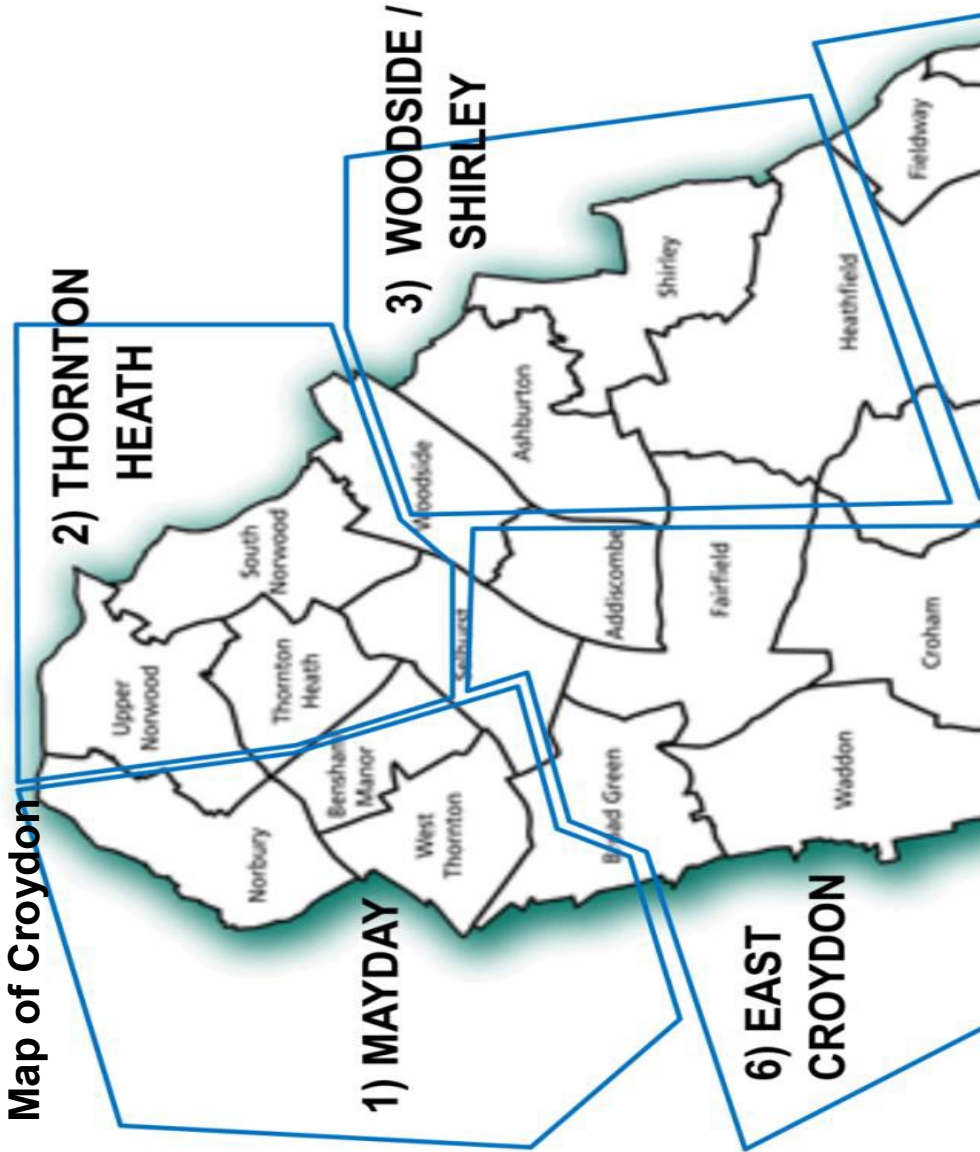
**Charity No. 1084451**

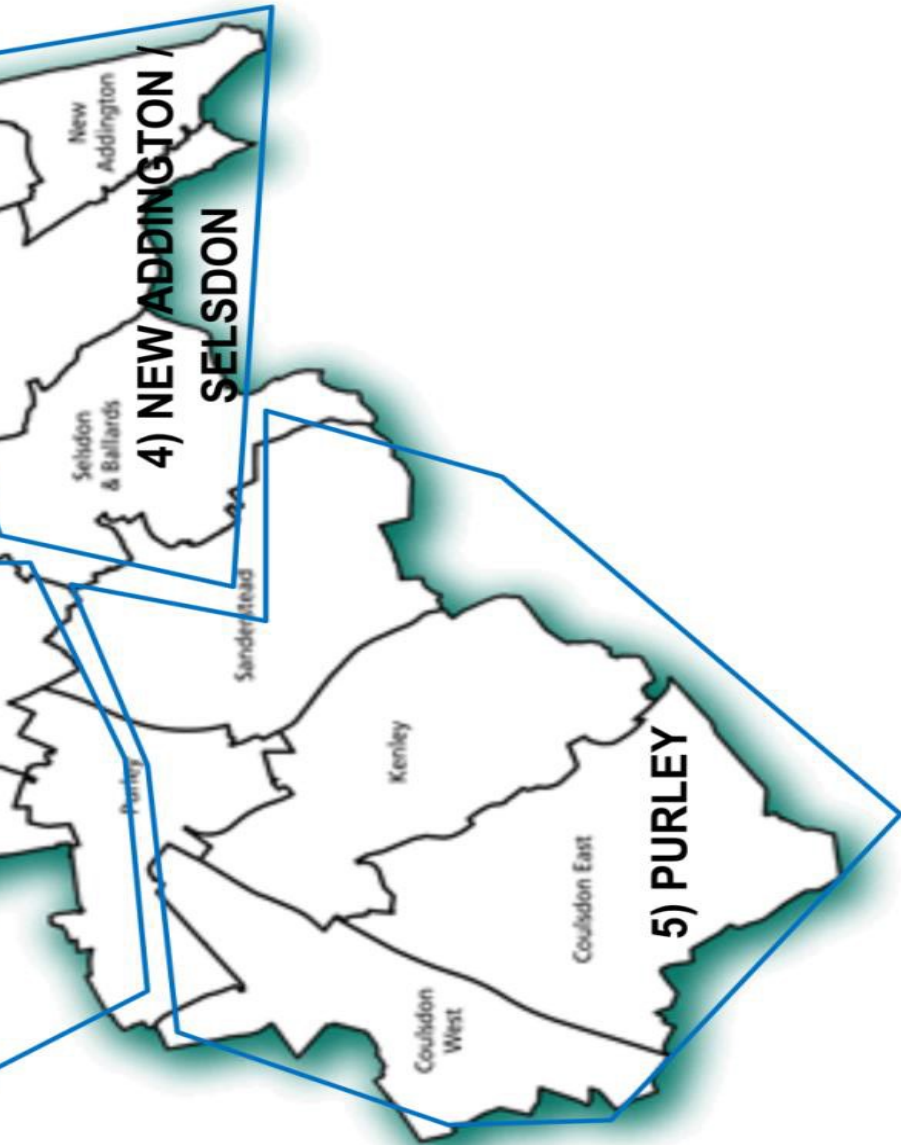
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[www.croydon.gov.uk](http://www.croydon.gov.uk)

# Locations of Neighbourhood Care Groups





# Croydon Neighbourhood Care

## Croydon Neighbourhood Care

**Croydon Neighbourhood Care is an umbrella charity, working to meet the needs of isolated, vulnerable and frail people throughout the borough. We support local neighbourhood care associations and provide services and advice to adults throughout Croydon who are over 65yrs.**

**Our principal objective is to promote, support and develop local neighbourhood Care schemes.**

**All organisations within this brochure belong to our membership scheme. Benefits of joining CNCA are, free advertising of your service across the borough, signposting on our website and access to our services e.g. DBS service.**

# Key to Neighbourhood Care Groups

<b>No.</b>	<b>Group Name</b>	<b>Position on Map</b>
1.	Abbeyfield Sanderstead Society Ltd	(5)
2.	Addiscombe Neighbourhood Care Association	(6)
3.	Age UK Croydon	(6)
4.	Croham Hurst Good Neighbours	(6)
5.	Croydon 60+ Club	(6)
6.	Eastern Oasis Luncheon Club	
7.	Croydon African Caribbean Family Organisation	
8.	Jagruti Women's Group	(2)
9.	Old Coulsdon Centre (for the retired)	(5)
10.	Parchmore Methodist Church and Community Centre	(2)
11.	Purley & Coulsdon Clubs for the Elderly (P.A.C.E)	(5)
12.	Purley Cross Centre	(5)
13.	St Edmund's Caring Group	(5)
14.	Sanderstead Neighbourhood Care	(5)
15.	Selsdon Centre for the Retired	(4)
16.	Selsdon Contact	(4)
17.	Shirley Neighbourhood Care Scheme	(3)
18.	South Croydon Day Centre for the Retired	(6)
19.	South Norwood & Woodside Community Association (S.N.W.C.A)	(2)
20.	Timebridge Community Centre	(4)
21.	Upper Norwood Association for Community Care (U.N.A.C.C)	(2)
22.	Waddon Community Outreach	(6)
23.	Westbury Community Project	(6)
24.	Boston Road Baptist Church	(6)

<b>No.</b>	<b>Other Member Groups</b>	<b>Position on Map</b>
1.	Action on Elder Abuse	(1)
2.	Advice Support Knowledge Information (ASKI)	(2)
3.	Age Unlimited Enriching Skills	(6)
4.	Family Focus	(6)
5.	Inaspectrum	(2)
6.	Shiloh Senior Members Community Club	(2)
7.	Stroke Action Croydon	(1/6)
8.	50 Plus Online Café: 50pluscafé net	(N/a)
9.	Wellbeing You Ltd	(5)
10.	Ministry of Empowerment	(2)

# Neighbourhood Care Group Details

(Opening Hours)

## 1. Abbeyfield Sanderstead Society Ltd

2 Beechwood Road, Sanderstead, South Croydon, CR2 0AA

Tel: 020 8768 3737 / 020 8657 6668

Email: [aflds@tiscali.co.uk](mailto:aflds@tiscali.co.uk), Web: [www.abbeyfield.com/Sanderstead](http://www.abbeyfield.com/Sanderstead)

Services Provided: D (On occasion - please call for further details)

Tues and Thurs am

## 2. Addiscombe Neighbourhood Care Association (A.N.C.A)

The ANCA Office, St. Mildred's Centre, 30 Bingham Road, Croydon, CR0 7EB

Tel: 020 8654 5062

Email: [info@anca.org.uk](mailto:info@anca.org.uk), Web: [www.anca.org.uk](http://www.anca.org.uk)

Services Provided: A, B, C, F, G, H, I, K, L, M,

9.30 - 12noon

Mon-Fri

## 3. Age UK Croydon

81 Brigstock Road, Thornton Heath, Croydon, CR7 7JH

Tel: 020 8683 7100 Email: [aukc@ageukcroydon.org.uk](mailto:aukc@ageukcroydon.org.uk)

Services Provided: D, E, H, L

Offers a range of health and well-being information, daily activities and events.

9.30 - 4.30pm

Mon-Fri

## 4. Croham Hurst Good Neighbours

CHGN Office, 52 Croham Road (off Morton Rd)

Croydon, CR2 7BA

Tel: 020 8649 9678

Email: [chgnoffice@gmail.com](mailto:chgnoffice@gmail.com) Web: [www.chgn.org.uk](http://www.chgn.org.uk)

Services Provided: A, D, F, I, K, L, M, N

10.00 - 12.30pm

Mon - Thur

## 5. Croydon 60+ Club

58 Addiscombe Road, Croydon, CR0 5PH

Tel: 020 8680 0084

Email: [darbyjoan7@yahoo.co.uk](mailto:darbyjoan7@yahoo.co.uk)

Services Provided: B, E, H, J,

Every Monday

12noon - 3pm

## 6. Eastern Oasis Luncheon Club

Correspondence: 71 Woodcote Grove Road, Coulsdon, CR5 2AL

Meets at: The Salvation Army, 66 High Street, Thornton Heath, CR7 8LF

Tel: 020 8683 2996 or 07956 219163 Email: [easternoasisluncheon-](mailto:easternoasisluncheon-club@gmail.com)

[club@gmail.com](mailto:club@gmail.com)

Services Provided: A, B, H, J

12.00 - 3pm

Tue and Thurs

## 7. Croydon African Caribbean Family Organisation - LBC Funded

40 Northwood Road, Thornton Heath, CR7 8HQ

9am-5pm Tel: 020 8127 4550 Lorna Walters

Email: [info@cacfo.org.uk](mailto:info@cacfo.org.uk), Web: [www.cacfo.org.uk](http://www.cacfo.org.uk)

Services Provided: A, B, C, E, H, J, L, M

Mon -Fri

9am-5pm

## KEY TO SERVICES PROVIDED

A. Be-friending / Support Services

B. Lunch Clubs

C. Carers Respite / Support

D. Coffee Mornings/ Tea Parties

E. IT / Computer Support

F. Shopping

G. Equipment for Hire

H. Exercise Classes

# Neighbourhood Care Group Details

## 8. Jagruti Women's Group

Correspondence: 9 Wessex Court, 15 Bickley Road, Bromley, BR1 2ND  
Meets at: Winterbourne Youth Centre, 28 Winterbourne Road, Thornton Heath, CR7 7QT Tel: 020 3719 1804  
Email: [info@jagrutiwomens.co.uk](mailto:info@jagrutiwomens.co.uk), Web: [www.jagrutiwomens.co.uk](http://www.jagrutiwomens.co.uk)  
Services Provided: H, J (snacks provided)

**10.00 - 3.30pm**  
**Thurs Term**  
**Time**

## 9. Old Coulsdon Centre (for the retired)

Old Coulsdon Centre, Grange Park, Coulsdon Road, Old Coulsdon, CR5 1EH  
Tel: 01737 554386  
Email: [occr@btinternet.com](mailto:occr@btinternet.com), Web: [www.occfr.org](http://www.occfr.org)  
Services Provided: B, C, D, H, I, J, L, M

**10am - 4pm**  
**Mon - Fri**

## 10. Parchmore Methodist Church and Community Centre

53 Parchmore Road, Thornton Heath, CR7 8LY  
Tel: 020 8653 7353 / 8998  
Email: [admin@parchmore.org](mailto:admin@parchmore.org) / [jenny@parchmore.org](mailto:jenny@parchmore.org)  
Web: [www.parchmore.org](http://www.parchmore.org)  
Services Provided: B, F, H, I, J, L, M

**10.30 - 2.30pm**  
**Tues - Fri**

## 11. Purley & Coulsdon Club For the Elderly (PACE)

Dorothy Morby Centre, 119 Lansdowne Rd, Purley CR8 2PE  
0208 668 2270 email [pace119@btinternet.com](mailto:pace119@btinternet.com)  
(Shopping bus to Tesco operates Tues. Call to check availability, pick up and return times in your area)  
Services B,C,F,J,L

**11.30am-3.30pm**  
**Weds. 10.00-3.00pm**  
**Thurs. 10.30-2.00pm**  
**Fri**  
**Sarah Crane**

## 12. Purley Cross Centre (Community Information)

24 High Street, Purley, CR8 2AA  
Tel: 020 8668 4189  
Email: [manager@purleycrosscentre.org](mailto:manager@purleycrosscentre.org)  
Web: [www.purleycrosscentre.org](http://www.purleycrosscentre.org)  
Services Provided: E, I

**10.00 - 2pm**  
**Mon - Fri**

## 13. St. Edmund's Caring Group, Riddlesdown

Correspondence: 20 Lower Barn Road, Purley, CR8 1HQ  
Tel: 020 8651 9442  
Email: [richardwragg@hotmail.co.uk](mailto:richardwragg@hotmail.co.uk)  
Services Provided: A, B, F, L, M

**10.00 - 12.30pm**  
**Mon - Fri**

## 14. Sanderstead Neighbourhood Care

All Saints Hall, Onslow Gardens, Sanderstead, CR2 9AB  
Tel: 020 8657 8289  
Email: [sanderstead.neighbourhood.care@gmail.com](mailto:sanderstead.neighbourhood.care@gmail.com)  
Services Provided: A, F, I, L, M, B (alternative Fri)

**10.00 - 12.30pm**  
**Mon - Fri**

I. Information and Advice  
J. Day Centre/Pop in  
K. Gardening  
L. Outings and Events

M. Transport Scheme  
N. Dementia Support

# Neighbourhood Care Group Details

(Opening Hours)

## 15. Selsdon Centre for the Retired

Selsdon Community Centre (Next to Sainsbury's)

132 Addington Road, South Croydon, CR2 8LA

Tel: 020 8651 1111

Email: [selsdon.centre@btinternet.com](mailto:selsdon.centre@btinternet.com), Web: [www.selsdoncentre.org.uk](http://www.selsdoncentre.org.uk)

Services Provided: B, E, H, J, L, M

**10.00 - 4pm Mon  
- Fri**

## 16. Selsdon Contact

Selsdon Community Centre, (Lower ground floor, Sainsbury's),

132 Addington Road,

South Croydon, CR2 8LA

Tel: 020 8651 4944

Email: [info@selsdoncontact.org.uk](mailto:info@selsdoncontact.org.uk), Web: [www.selsdoncontact.org.uk](http://www.selsdoncontact.org.uk)

Services Provided: A, C, D, E, F, G, I, K, L, M

**10am– 3pm  
Mon-Fri**

## 17. Shirley Neighbourhood Care Scheme

Shirley Methodist Church, Eldon Avenue, Croydon, CR0 8SD

Tel: 020 8662 9599

Email: [sncs1970@gmail.com](mailto:sncs1970@gmail.com), Web: [shirleyneighbourhoodcare.co.uk](http://shirleyneighbourhoodcare.co.uk)

Services Provided: A, B, D, F, I, L M

**10.00 - 12.30pm  
Mon - Fri**

## 18. South Croydon Day Centre for the Retired

Rear St. Peter's Hall, Ledbury Road, Croydon, CR0 1EP

Tel: 020 8681 7948

Email: [office@southcroydoncentre.org](mailto:office@southcroydoncentre.org), Web: [www.southcroydondc.org](http://www.southcroydondc.org)

Services Provided: B, D, H, I, J, L, M

**10.00 - 4pm  
Mon and Thurs**

## 19. South Norwood and Woodside Community Association (S.N.W.C.A)

South Norwood Methodist Church, Suffolk Road, South Norwood, London,

SE25 6EG

Tel: 020 8768 2698

Email: [snwca@hotmail.co.uk](mailto:snwca@hotmail.co.uk)

Services Provided: B, F, H, J, L

**10.00 - 2.00pm  
Mon - Fri  
2 - 4pm Tues  
Stroke Club**

## 20. Timebridge Community Centre

Timebridge Centre, Fieldway, New Addington, Croydon, CR0 9AZ

Tel: 01689 842992 Email: [timebridgecentre@gmail.com](mailto:timebridgecentre@gmail.com)

Services Provided: Youth Clubs (8-13 and 12-19)

**Call for details**

## 21. Upper Norwood Association for Community Care (UNACC)

The Waterside Centre, 26 Avenue Road, London, SE25 4DX

Tel: 020 8771 6886

Email: [info@unacc.org.uk](mailto:info@unacc.org.uk), Web: [www.unacc.org.uk](http://www.unacc.org.uk)

Services Provided: B, D, E, H, I, J, L

**9.30 - 2.30pm  
Mon, Tue, Wed  
and Fri**

## KEY TO SERVICES PROVIDED

- |                                    |                          |
|------------------------------------|--------------------------|
| A. Be-friending / Support Services | E. IT / Computer Support |
| B. Lunch Clubs                     | F. Shopping              |
| C. Carers Respite / Support        | G. Equipment for Hire    |
| D. Coffee Mornings/ Tea Parties    | H. Exercise Classes      |



# Neighbourhood Care Group Details (Opening Hours)

## 22. Waddon Community Outreach

Church House, Barrow Road, Waddon, Croydon, CR0 4EZ

Tel: 020 8688 7006

Email: [patricia.vowles@yahoo.com](mailto:patricia.vowles@yahoo.com)

Services Provided: A, D, H, J

**Call for details**

## 23. Westbury Community Project

Mercedes Amos Day Centre

Byers Memorial Hall, 183 Handcroft Road, Broad Green, Croydon, CR0 3LF

Tel: 020 8664 8101

Email: [westburycomproj@aol.com](mailto:westburycomproj@aol.com)

Services Provided: B, E, H, I, J, L, M, N,

**10am-4pm  
Tue-Thur**

## 24. Boston Road Lunch Club

Boston Road Baptist Church

55 Boston Road, Croydon CR0 3EJ

Tel 07940 504 873

Email: [ruthieallison55@gmail.com](mailto:ruthieallison55@gmail.com)

Services Provided B,D

**Friday  
11.30am-3.00pm**

## Other Member Groups

### 1. Action on Elder Abuse

23-25 Mitcham Lane, LONDON, SW16 6LA

Tel: 020 8835 9280

Email: [volunteers@elderabuse.org.uk](mailto:volunteers@elderabuse.org.uk) Web: [www.elderabuse.org.uk](http://www.elderabuse.org.uk)

**Call for details**

### 2. Advice Support Knowledge Information (ASKI)

Correspondence: 33 Brigstock Road, Thornton Heath Croydon, CR7 7JJ

Tel: 020 8683 2191 / 07759 194 567

Email: [info@aski.org.uk](mailto:info@aski.org.uk) Web: [www.aski.org.uk](http://www.aski.org.uk)

Services Provided: A, B, D, E, H, L

**10am - 4pm  
Mon - Fri**

### 3. Age Unlimited Enriching Skills

3space Croydon, 5th Floor, Southern House, Wellesley Grove, CR0 1XG

Tel: 020 8651 1343 / 07745 272 297

Email: [info@ageunlimited.co.uk](mailto:info@ageunlimited.co.uk) Web: [www.ageunlimited.co.uk](http://www.ageunlimited.co.uk)

Services Provided:

**Call for details**

### 4. Family Focus

Meets at: St George's Centre, Barrow Road, Waddon, CR0 4EZ

Correspondence: 9, Bates Crescent Waddon Croydon CR0 4ES

Tel: 07969 252 164 Email: [Lker@live.co.uk](mailto:Lker@live.co.uk)

Services Provided: I, J

**09.30 - 11.30am  
Tues (Cost: £5  
each)**

I. Information and Advice

J. Day Centre/Pop in

K. Gardening

L. Outings and Events

M. Transport Scheme

N. Dementia Support

# Neighbourhood Care Group Details

(Opening Hours)

## 5. Inaspectrum

Correspondence: 72 Falkland Park Avenue, South Norwood, SE25 6SH  
Tel: 07900 990292  
Email: [inaspectrum@hotmail.com](mailto:inaspectrum@hotmail.com) Web: [www.inaspectrum.com](http://www.inaspectrum.com)  
Enabling Adults with Autism  
Services Provided: D, I, L

**Call for details**

## 6. Shiloh Senior Members Community Club

Shiloh Church Hall, 61-69 Bensham Grove, Thornton Heath, CR7 8DD  
Tel: 020 8771 1565  
Email: [church@shilohworshipcentre.com](mailto:church@shilohworshipcentre.com), Web:  
[www.shilohworshipcentre.org](http://www.shilohworshipcentre.org)  
Services Provided: B

**11.00 - 3pm  
Tuesdays  
Bi-monthly**

## 7. Stroke Action Croydon

CVA Resource Centre, 82 London Road, CR0 2TB  
Tel: 020 8688 8132 / 07903 052 577  
Email: [Strokeactioncroydon@yahoo.co.uk](mailto:Strokeactioncroydon@yahoo.co.uk)  
Web: [www.strokeactioncroydon.org](http://www.strokeactioncroydon.org)  
Services Provided: H, L

**11.00 - 3pm  
2nd and 3rd  
Tuesdays  
monthly**

## 8. 50 Plus Online Café: 50pluscafé.net

Join our online 50plus café.net we offer an interactive website whereby you can make friends and gain support through your community.

Tel: 07813 943 840  
Email: [dawn7spence@btinternet.com](mailto:dawn7spence@btinternet.com)  
Web: [www.50pluscafe.net](http://www.50pluscafe.net)  
Services Provided: A

**Web Based  
Platform**

## 9. Wellbeing You Ltd

Weatherill House Business Centre, 23 Whitestone Way, Croydon, CR0 4WF  
Tel: 07870508790  
Email: [swk@wellbeingyou.org](mailto:swk@wellbeingyou.org)  
Services Provided: A, C, I

**Call for details**

## 10. Ministry of Empowerment

Cornerstone House, 14 Willis Road, Croydon, Surrey CR0 2XX  
Email: [Dorothy@moe-online.org.uk](mailto:Dorothy@moe-online.org.uk)  
Tel: 0208 684 5857  
Services Provided J

**Mon-Fri  
10.00am-  
4.00pm**

## KEY TO SERVICES PROVIDED

- |                                    |                          |
|------------------------------------|--------------------------|
| A. Be-friending / Support Services | E. IT / Computer Support |
| B. Lunch Clubs                     | F. Shopping              |
| C. Carers Respite / Support        | G. Equipment for Hire    |
| D. Coffee Mornings/ Tea Parties    | H. Exercise Classes      |

# CNCA Services

## **DBS Service**

The Disclosure and Barring Service (DBS) is an essential part of running an organisation/group which deals with vulnerable groups and volunteers. It is a statutory requirement for many neighbourhood care groups, third sector organisations and private sector groups (medical practices, clinics, dentists, etc.) to ensure that all their salaried staff and volunteers are DBS checked, especially if they are receiving funds from, or dealing with governmental/local government organisations like the London Borough of Croydon

To find out more about our service, please contact the office directly:

020 8662 1000 or [info@cnca.org.uk](mailto:info@cnca.org.uk)  
Or visit our website: [www.cnca.org.uk](http://www.cnca.org.uk)

## **CNCA Membership Services**

Becoming a member of CNCA will provide you with an opportunity to advertise your service across London Borough of Croydon by brochure and website. CNCA will also recommend your services on your behalf.

Advertising of your group services in the CNCA directory  
DBS checks - official counter signatory.  
Access to training programmes organised and hosted by CNCA

Attendance at CNCA's membership forum meetings  
Advice, information and support  
Referrals to our befrienders and telephone befrienders  
Circulation of information around other CNCA member groups

For any of these services please contact us on either:  
020 8662 1000 or [info@cnca.org.uk](mailto:info@cnca.org.uk)

- |                           |                     |
|---------------------------|---------------------|
| I. Information and Advice | M. Transport Scheme |
| J. Day Centre/Pop in      | N. Dementia Support |
| K. Gardening              |                     |
| L. Outings and Events     |                     |

# Croydon Neighbourhood Care - DBS Service

CNCA strive to provide the best and most efficient DBS service.

CNCA are able to provide the following:

- Guidance with the Registration Process;
- Ensure that the necessary documentation is completed by both parties in a timely manner to allow application forms to be processed;
- Detailed written instructions and guidance to assist the applicant.
- One on one meetings;
- A completely confidential service;

**Our fee structure for processing DBS forms can be found on our website at [www.cnca.org.uk](http://www.cnca.org.uk)**

If you need any help or advice please contact us on **0208 662 1000** or

## CNCA's Befriending Service

**Are you over 65 and feel isolated and alone?**

**CNCA can provide various types of befriending to suit your personal needs:**

- ◇ **Keep in-touch text**
- ◇ **Weekly telephone calls**
- ◇ **Home visits every week**

**Open: Mon - Thurs, 9.30am– 4.30pm**

**Phone: 020 8654 4440**

**Email: [info@cnca.org.uk](mailto:info@cnca.org.uk)**