

## Funding for our Groups

At CNCA we are committed to finding funding for our groups and circulating all opportunities. For example, we were recently involved with the Department of Levelling Up and Croydon Clinical Commissioning Group. Along with our infrastructure partners, we were awarded £74,000 each for a *COVID Vaccine Champions* project targeting communities with vaccine hesitancy. Through this we are delighted to have been able to distribute small grants across our networks and to our groups.

### CNCA Member Groups

We are very happy to welcome the following as new member groups; Abbeyfield Southern Oaks, St. Christopher's Hospice and a welcome back to St Andrew's Contact Group.

### ENERGY AWARENESS TRAINING for Professionals and Volunteers)



Do you work or volunteer with low income or vulnerable Croydon residents? Learn how we can help them manage their energy accounts and reduce their bills.

Thursday 26th May, 10am—12.30pm

Register here: [Energy Awareness Training For Professionals and Volunteers Tickets, Thu 26 May 2022 at 10:00 | Event-](#)

### CNCA Befrienders

CNCA are still the only befriending service in the borough able to support vulnerable, elderly people with very complex needs such as being bed bound or having a dementia diagnosis. If you have anyone in need of more support who could benefit from our level of service, please contact us for a referral form.

## DIABETES & YOUR EYES

A talk with Odette Battarel, from Croydon Vision, about the effects of diabetes on our eyes

**Thursday 26 May | 11am to 12.30pm**

**Croydon Vision**

**Bedford Hall, 72-74 Wellesley Rd, CR0 2AR**

**25 places only**



Diabetes and your Eyes Tickets, Thu 26 May 2022 at 11:00 | [Eventbrite](#)



GoodGym Croydon is an organisation that combines doing good with getting fit. They have an army of runners, walkers and cyclists who provide a free service volunteering to do tasks for older people aged 50+. Types of tasks that GoodGym can complete include food shopping, prescription collections, moving furniture, replacing smoke alarm batteries, walking dogs and gardening. All volunteers are DBS checked and trained. Any agency or organisation can submit a referral, please contact [missioncontrol@goodgym.org](mailto:missioncontrol@goodgym.org) for further information.



## Welderlies BIWEEKLY WALKS

COME & ENJOY the FUN

All walks are on Mondays 11-12 noon

All are asked to assemble 10 minutes before we begin, that is 10.50 am

- **MONDAY 23RD MAY** Wandle Park, Cornwall Road, CR0 3RD  
**MEET AT GATE BY WANDLE TRAM STOP AT 10.50AM**
- **MONDAY 6TH JUNE** South Norwood Lake, Woodvale Avenue, SE 4AD  
**MEET AT MAIN GATE AT 10.50AM**
- **MONDAY 20TH JUNE** Lloyd Park, 84 Coombe Road, CR0 5RA  
**MEET AT CAFE BY TRAM STOP AT 10.50AM**
- **MONDAY 4TH JULY** South Norwood Country Park, at Albert Road SE25 4NF  
**MEET AT FRONT OF GATE AT 10.50AM**
- **MONDAY 18TH JULY** Wandle Park, Cornwall Road, CR0 3RD  
**MEET AT GATE BY WANDLE TRAM STOP AT 10.50AM**

Contact : Welderlies Tel: 07498328230 OR Email: [info@wellbeingyou.org](mailto:info@wellbeingyou.org) to sign up



## Street Party Picnic in The Wilderness Garden Saturday 4th June, 12noon –5pm

Join the residents and staff at MHA  
Hall Grange , 17 Shirley Church Rd,  
Shirley CR9 5AL

[The Jubilee Big Lunch Street Party Tickets, Sat 4 Jun 2022 at 12:00](#)  
[| Eventbrite](#)

Please keep sharing your good news stories and any updates/issues  
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