

**Edition 24**  
**Date: 4th March 2021**

# Bulletin

**Please submit any information you would like included in the next bulletin by Monday 15th March to [info@cnca.org.uk](mailto:info@cnca.org.uk)**

This is our joint event on 17th March. Please click for the link to register and share ...

Eventbrite



## COVID-19 UPDATE



Have your questions answered about the new virus variants, the lockdown release steps and updates on the vaccines by expert Doctors and Public Health Leads.

### SPEAKERS:

**Natasha Leslie** Home Manager at Heavers Court for Care UK  
**Rachel Flowers** Director of Croydon Public Health  
**Dr Atiya Kamal** Senior Lecturer in Health Psychology  
**Dr Nnenna Osuji** Medical Director & Deputy CEO, Croydon Health Services NHS Trust  
**Dr Agnelo Fernandes** GP lead for Croydon, SW London CCG

**Date: Wednesday 17th March 2020 | Time: 12:00 - 14:00**

**Zoom | Meeting ID: 939 1458 6445**



The latest Covid-19 Vaccine information from Croydon Council can be found here: [COVID-19 vaccination programme | Croydon council](#)

**CROYDON**  
[www.croydon.gov.uk](http://www.croydon.gov.uk)

### Croydon Covid-19 Vaccination Programme

[Croydon Covid-19 vaccination programme - South West London CCG \(swlondonccg.nhs.uk\)](#)



### MESSAGE FROM RACHEL FLOWERS, CROYDON'S DIRECTOR OF PUBLIC HEALTH:

**Additional Covid-19 testing in New Addington and Fieldway**

[MESSAGE FROM RACHEL FLOWERS.pdf](#)

### CNCA's DBS Service

Please contact us with your DBS applications and get in touch with any enquiries. We are currently collecting postal applications weekly so they may take slightly longer than usual.

Presented by the Croydon Talking Therapies

### SLEEP WORKSHOP for Older Adults

This session will focus on the best tips and tricks for better quality sleep.

**DATE: Thursday, March 11th, 2021**

Register on Eventbrite



In Partnership With



Crystal Palace Community Trust and the Kingswood Community Shop have partnered with local social enterprise ClearCommunityWeb to provide a series of bite-sized 4-week programmes to help local people to develop their digital skills.

### Digital Skills Winter "Boost"

Wednesdays  
March-April



Just "Drop In" For Assistance

Crystal Palace Community Trust

clearcommunityweb

### Barchester's Charitable Foundation

supporting applications that combat loneliness and enable people to be active and engaged. [Barchester Foundation | Helping older people and other adults with disabilities \(bhcfoundation.org.uk\)](#)

### Trust for London

Funding small and medium sized organisations undertaking charitable activities. <https://www.trustforlondon.org.uk/funding/apply-grant/>

**The Foyle Foundation** has re-opened its small grant funding scheme. <http://www.foylefoundation.org.uk/how-to-apply/>



The CNCA bulletin is issued every 2 weeks. If you've been forwarded this and would like to subscribe, please contact us at [info@cnca.org.uk](mailto:info@cnca.org.uk).



**Contact at Selsdon delivered 300 Daff pots to their clients last week. All volunteer drivers, delivered on the doorstep. Fantastic! We're sure they made a lot of people very happy.**



**Croydon Communities Consortium (CCC)** are working on building a list of local Residents' Associations and community groups. If you have contact details for any of these, have corrections to the details listed, or know of others, please let them know. [Croydon Residents' Associations & groups | CCC \(wordpress.com\)](http://CroydonResidentsAssociations&groups|CCC.wordpress.com)

Purley Baptist Church  
Banstead Road  
Purley CR8 3EA  
Call us on: 020 8668 4189  
or email  
[info@purleycrosscentre.org](mailto:info@purleycrosscentre.org)  
more details online at:  
[purleycrosscentre.org](http://purleycrosscentre.org)

**Purley Cross Centre**

A community resource centre providing advice, information and training.  
Supported by Croydon Council

**MARCH 2021**

### ONLINE EVENTS THIS MONTH

**DIGITAL SAFETY, FRAUD AND SCAMS** (Barclays Bank)

Thursday 4th March at 10.00am-11.00am

**POWER OF ATTORNEY – BEING PREPARED** (LifeWills)

Thursday 18th March at 10.30 - 11.30am

For booking details, call us on 020 8668 4189

<b>Computer Training</b> Desktop, laptop, iPad and Android tablets	Available online
<b>English Conversation Classes for Beginners</b> Free group learning, lunch included	CALL US FOR DETAILS
<b>Legal and Will Advice</b> Free 15 min advice provided by Streeter Marshall	By telephone appointment
<b>Tax Help for Older People</b> Free professional and confidential advice service	By telephone appointment
<b>Citizens Advice Croydon</b>	Referral service
<b>CAP MONEY MANAGEMENT COURSE</b> Free course - get to grips with your finances	Contact us for more details
<b>Nail Cutting</b> Service provided by Age UK Croydon	TEMPORARILY SUSPENDED until further notice
Need information? Want help with an issue? Want to return to work and looking for support? Want to know your legal rights? We are here to help!	

## CASSANDRA CENTRE

You are invited to join us  
**NEXT Monday 8th March**  
**6.30 - 7.30pm**

**Heads Above the Parapet: Women Who Make Change**  
Join Victoria Derbyshire, Hibo, Maggie and Jennifer for a virtual chat. Register

a Place using the link: <https://www.eventbrite.co.uk/e/heads-above-the-parapet-women-who-make-change-tickets-143296921951>

## SHARING SUCCESS to INSPIRE

Are you aged 60 + living in Croydon CRO areas?  
Have you achieved something positive during Lockdown?  
Does that success make you feel better about yourself?  
Would it inspire others to feel better about themselves?

**IF YOUR ANSWER IS YES THEN THIS IS FOR YOU!**

## What's On Offer?

We Would Like to Offer A Unique Opportunity For You To Send Us a Half A Page Write Up On Your Achievements During Lockdown. Giving YOU The Chance To Share Successes And Strengthen Confidence And Hope In Others.

### BENEFITS

All entries will be acknowledged and handled confidentially.

#### THOSE SELECTED WILL RECEIVE:

- One to one coaching
- Team led by a Television Presenter
- Direct expenses covered
- Well packaged video of your presentation
- Story writing and presentation skills sharpened
- Foundation for further writing acquired
- Self-esteem and confidence enhanced

Covid-19 Has Indeed Been Challenging But Believe Some Good Must Come From Our Shared Experiences.

#### HOW CAN YOU PARTICIPATE?

Send your brief story by email to Sylvia Wachuku-King at [swk@wellbeingyou.org](mailto:swk@wellbeingyou.org) with copy to [sylvia3k@gmail.com](mailto:sylvia3k@gmail.com)

#### DEADLINE

All entries with contact details of participants must reach us latest Friday 19th March 2021

**South West London Law Centres would like to invite you to meet the**

**Crisis Navigators on Thursday 11 March at 10am via Zoom.**  
There will be the chance to hear from them about the service they offer and to find out more about working with them to help people in our community. To register for the event, go to: [Crisis Navigation Service Tickets, Thu 11 Mar 2021 at 10:00 | Eventbrite](https://www.eventbrite.co.uk/e/crisis-navigation-service-tickets-143296921951)



## Crisis Navigation Service



Our Crisis Navigators work with people in Croydon and Wandsworth who are struggling to pay their essential bills and may be at risk of losing their homes.

Our intervention can help them overcome their immediate crisis while we work with them to identify long-term solutions.

Join us online on Thursday 11 March at 10am to meet our Crisis Navigators and find out more about the service.



Here is the latest news from CVA

[COVID news, Funding and opportunities for Croydon Voluntary Sector \(mailchi.mp\)](https://mailchi.mp/croydonvoluntarysector)

**Please keep sharing your good news stories and any updates/issues**  
[info@cnca.org.uk](mailto:info@cnca.org.uk)