

CNCA Directory of Neighbourhood Care Services

This directory contains details of support services available to adults over 65 years across the London Borough of Croydon

This information is collated by Croydon Neighbourhood Care Association (CNCA)

> Central Hall Davidson Lodge Freemasons Road Croydon CR0 6PD

General Tel: 020 8662 1000 Befriending Service Tel: 020 8654 4440

> Email: info@cnca.org.uk Web: www.cnca.org.uk

Charity No. 1084451



<u>Updated April 2022</u> However, due to Covid-19, it is advisable to contact the organisation directly for further information. CNCA are an infrastructure charity who have operated in Croydon since 1998 and have a significant membership of Groups and Neighbourhood Cares across Croydon; all of whom provide essential support services for the over 65s. CNCA provides capacity building, fundraising support, information forums, advice and training support.

We have the only complex Befriending service in Croydon, providing home visits to frail, elderly, housebound people with complex needs and often a dementia diagnosis. Referrals predominantly come from statutory agencies, particularly social care, and we carry out a long term piece of work, supporting those very vulnerable clients to stay safe in their own homes. Alongside this, is a volunteer run telephone-Befriending service and a 'keeping in touch' service with ongoing communication to other agencies involved and any relatives or friends – especially those living a distance away or abroad.



0208 662 1000 — info@cnca.org.uk — www.cnca.org.uk

Infrastructure Support Services Partners

CNCA

Central Hall, Davidson Lodge, Freemasons Road, CR0 6PD Tel: 0208 662 1000 Email: info@cnca.org.uk www.cnca.org.uk

(see previous page for more about Croydon Neighbourhood Care Assoc.)

CEO: Sue McVicker sue@cnca.org.uk

Asian Resource Centre of Croydon (ARCC)

CVA Resource Centre, 82 London Road, Croydon, CR0 2TB Email: info@arccltd.com Tel:020 8684 3784 www.arccltd.com

Bringing together Asian Communities & Businesses: supporting, developing and promoting voluntary/community activity that enhances the quality of life in Croydon.

CEO: Ima Miah ima.miah@arccltd.com

BME Forum

56a Mitcham Road, Croydon CR0 3RG Telephone: 020 8684 3719, Email: info@bmeforum.org www.cbmeforum.org

The umbrella organisation for Croydon's Black & Minority Ethnic voluntary and community sector; engaging people, building capacity and promoting equality and cohesion.

CEO: Andrew Brown andrew@bmeforum.org

Croydon Voluntary Action (CVA)

CVA Resource Centre, 82 London Road, Cróydon, CR0 2TB Tel: 020 8253 7060, Email: cva@cvalive.org.uk www.cvalive.org.uk/

The umbrella organisation supporting voluntary and community organisations in Croydon, in key areas such as fundraising, financial management, project planning, good governance, marketing and premises management.

CEO: Steve Phaure steve.phaure@cvalive.org.uk

Borough Wide Organisations

London Borough of Croydon Adult Social Services

Tel: 020 8726 6500, out of hours Tel: 020 8726 6000 www.croydon.gov.uk/healthsocial/adult-care

Adult social service referrals email: referral.team2@croydon.gov.uk

Alternatively, go to the website and fill out their referral form: https:// new.croydon.gov.uk/adult-health-and-social-care

Croydon Social Prescribing Programme

Showing a better way to keep people healthy by bringing communities together and letting them take action. Link workers working with the NHS in GP surgeries. Finding the best ways of engaging with patients and the wider Croydon community, developing an array of locally based programmes proven to assist in their health self-management and supporting them through the transition of long-term behavioral change. These can be direct referrals to the programmes from GP's or self-referrals from any organization or individual.

Age UK

81 Brigstock Road, Thornton Heath, Croydon, CR7 7JH Tel: 020 8683 7100 Email: aukc@ageukcroydon.org.uk

Empowering, enabling, supporting and connecting older people in the London Borough of Croydon to live well, healthily and independently. Help at home; Information & advice; Home from hospital & reablement; Personal safety & falls prevention; Healthier lifestyles; Nail care services.

Personal Independence Co-ordinators (PICS) providing personalised care support to individuals who are frail, vulnerable and in need of proactive and preventative planning.

Age UK's vision is to make the UK a great place to growolder by inspiring, supporting and enabling in a number of ways.

Carers Information Service

24 George Street, CR0 1PB Tel: 020 8649 9339, option 1, Email: info@carersinfo.org.uk www.carersinfo.org.uk

Borough Wide Organisations

Croydon Mencap

Portland House, 678 London Road, Thornton Heath, Croydon, CR7 7HU Tel: 020 8684 5890, Email: info@croydonmencap.org.uk Providing advice, information and support through a range of products and services.

Mind In Croydon

26 Pampisford Road Purley Surrey CR8 2NE Tel: 020 8668 2210, Email: admin@mindincroydon.org.uk

Alzheimer's Society

24 George St, Croydon CR0 1PB Tel: 020 8 663 5664 Email: croydon@alzheimers.org.uk

Citizens Advice Croydon

48-50 Portland Road, London SE25 4PQ Tel: 0300 330 9095 Web: www.citizensadvicecroydon.org

Your Care

The Croydon Equipment Service, 28 Boulogne Road, Croydon, CR0 2QT Tel:020 8664 8860

Showroom: YourCare (Croydon) Ltd, Croydon Living Independently Centre, 3 Imperial Way, Croydon CR0 4RR Tel: 020 8196 2231 Email: wecare@yourcare.corg.uk

Assistance with daily living with a range of mobility solutions and equipment.

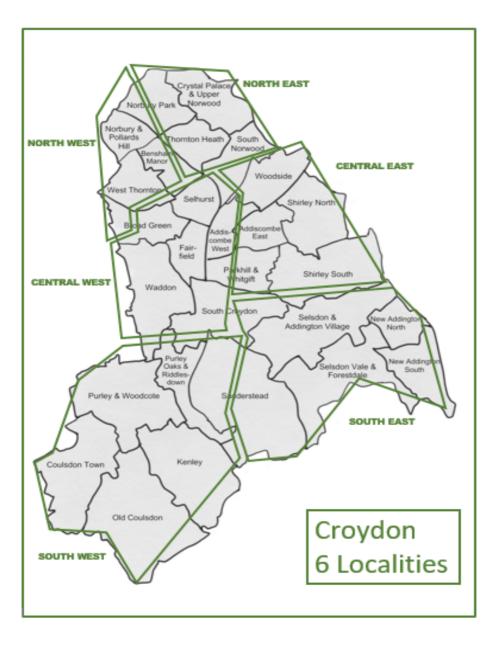
Croydon Commitment Ltd

Mott MacDonald, 8-10 Sydenham Road, Croydon, CRO 2EE Tel: 020 8774 3680 Email: info@croydoncommittment.org.uk

Croydon Commitment is a well-established charity, founded in 2004 to help Croydon businesses to achieve the best value and impact from business corporate social responsibility (CSR) activities to benefit local people and the environment.

Location of Neighbourhood Care Groups

Map of Croydon (Localities)



Member Groups

1.	Addiscombe Neighbourhood Care Association	CE
2.	Croham Hurst Good Neighbours	SW
3.	New Addington Good Samaritans (NAGS)	SE
4.	Old Coulsdon Centre (for the retired)	SW
5.	Purley & Coulsdon Clubs for the Elderly (P.A.C.E)	SW
6.	Purley Cross Centre	SW
7.	Selsdon Contact	SE
8.	Shirley Neighbourhood Care Scheme	CE
9.	South Norwood & Woodside Community Association (S.N.W.C.A)	SE
10.	Upper Norwood Association for Community Care (U.N.A.C.C)	SE
11.	Westbury Community Project	NW
12.	Abbeyfield Sanderstead Society Ltd	SW
13.	Abbeyfield Southern Oaks	SW
14.	Boston Road Baptist Church	CW
15.	Eastern Oasis Luncheon Club	SW
16.	Jagruti Women's Group	NE
17.	Sanderstead Neighbourhood Care	SW
18.	Selsdon Centre for the Retired	SE
19.	South Croydon Day Centre for the Retired	CW
20.	St Andrew's Contact Group	SW
21.	St Christopher's Hospice	
22.	Waddon Community Outreach	CW
23.	Action on Elder Abuse	NW
24.	Advice Support Knowledge Information (ASKI)	NE
25.	Croydon Hearing	
26.	Croydon Vision	
27.	Inaspectrum	NE
28.	Re-engage	
29.	Stroke Action Croydon	NW/CW
30.	50 Plus Online Café: 50pluscafé net	
31.	Wellbeing You Ltd	SW
32.	Ministry of Empowerment	NE

1. Addiscombe Neighbourhood Care Association (A.N.C.A) The ANCA Office, St. Mildred's Centre, 30 Bingham Road, Croydon, CR0 7EB Tel: 020 8654 5062 Email: info@anca.org.uk, Web: www.anca.org.uk Services Provided: A, B, C, F, G, H, I, K, L, M,	9.30am - 12noon Mon-Fri
2. Croham Hurst Good Neighbours CHGN Office, 52 Croham Road (off Morton Rd) Croydon, CR2 7BA Tel: 020 8649 9678 Email: chgnoffice@gmail.com Web: www.chgn.co.uk Services Provided: A, C, E, F, K, L, M	10am - 12.30pm Mon - Thur
3. New Addington Good Samaritans The Pop-In, 1 Salcot Crescent, New Addington, CR0 0JG Tel: 01689 841176 Email: nagspopin@btconnect.com, Web: www.cnca.org.uk/newaddington Services Provided: B, D, G, H, I, J, L, M	9am - 4pm Mon - Fri (closes at 2pm on Tues)
 4. Old Coulsdon Centre (for the retired) Old Coulsdon Centre, Grange Park, Coulsdon Road, Old Coulsdon, CR5 1EH Tel: 01737 554 386 Email: occr@btinternet.com tonysalescentre@aol.com, Web: www.occftr.org Services Provided: A, C, E, F, K, L, M 	1pm-5pm Mon, Wed, Fri

5. Purley & Coulsdon Club For the Eideny (PACE)	10.30am-
Dorothy Morby Centre, 119 Lansdowne Rd, Purley CR8 2PE	3.30pm Weds.
0208 668 2270 email: pace119@btinternet.com	10.30am -
(Shopping bus to Tesco operates Tues, Call to check availability, pick up and	3.30pm Fri.
3	Sarah Crane

KEY TO SERVICES PROVIDED

- A. Be-friending / Support Services
- B. Lunch Clubs
- C. Carers Respite / Support
- D. Coffee Mornings/ Tea Parties
- IT / Computer Support
- E. F. Shopping G.

H.

- Equipment for Hire
- Exercise Classes

6. Purley Cross Centre (Community Information) Purley Baptist Church Foyer, Banstead Rd CR8 3EA Tel: 020 8668 4189 Email: manager@purleycrosscentre.org/info@purleycross.org Web: www.purleycrosscentre.org Services Provided: E, I	10am - 4pm Mon - Thurs 10am - 2pm Fri
 7. Selsdon Contact Selsdon Community Centre, (Lower ground floor, Sainsbury's), 132 Addington Road, South Croydon, CR2 8LA Tel: 020 8651 4944 Email: info@selsdoncontact.org.uk, Web: www.selsdoncontact.org.uk Services Provided: A, C, D, E, F, G, I, K, L, M 	10am– 3pm Mon-Fri
 8. Shirley Neighbourhood Care Scheme West Wickham & Shirley Baptist Church, Wickham Rd, Croydon CR0 8EH Tel: 020 8662 9599 Email: sncs@shirleyneighbourhoodcare.co.uk, Web: shirleyneighbourhoodcare.co.uk Services Provided: A, B, F, L M 	10am - 12.30pm Mon - Fri
9. South Norwood and Woodside Community Association (S.N.W.C.A) Spurgeons College, 189 South Norwood Hill, SE25 6DJ Tel: 020 8768 2698 Email: snwca@hotmail.co.uk Services Provided: B, F, H, J, L (hearing & chiropody clinic)	10am - 2pm Mon & Thurs (lunch club) Wed & Fri (shopping)

- I. Information and Advice
- J. Day Centre/Pop in

K. Gardening

L. Outings and Events

M. Transport Scheme N. Dementia Support

10. Upper Norwood Association for Community Care (UNACC) The Waterside Centre, 26 Avenue Road, London, SE25 4DX Tel: 020 8771 6886 Email: info@unacc.org.uk, Web: www.unacc.org.uk Services Provided: B, D, E, H, I, J, L (also art classes & film club)	9.30am-2.30pm Mon –Wed & Fri
11. Westbury Community Project Mercedes Amos Day Centre Byers Memorial Hall, 183 Handcroft Road, Broad Green, Croydon, CR0 3LF Tel: 020 8664 8101 Email: westburycomproj@aol.com Services Provided: B, E, H, I, J, L, M, N	10am-4pm Tue-Thur (centre open) Office also open Mon & Fr
12. Abbeyfield Sanderstead Society Ltd 2 Beechwood Road, Sanderstead, South Croydon, CR2 0AA Tel: 020 8657 6668 (House Manager) 020 8768 3737 (Office only) Email: afldsan@tiscali.co.uk, Web: www.abbeyfield.com/Sanderstead Services Provided: D (On occasion - please call for further details)	Tues 9am -3pm Thurs 9am - 1pm
13. Abbeyfield Southern Oaks Nonsuch Abbeyfield, Old Schools Lane, Ewell KT17 1FL Tel: 020 8394 0050 Email: joanne.taylor@abbeyfieldsouthernoaks.org	Call for information
14. Boston Road Lunch Club (temporarily closed at 18/5/22) Boston Road Baptist Church 55 Boston Road, Croydon CR0 3EJ Tel 07940 504 873 Email: ruthieallison55@gmail.com Services Provided B	Friday 11.30am -2pm
15. Eastern Oasis Luncheon Club Correspondence: 71 Woodcote Grove Road, Coulsdon, CR5 2AL Meets at: West Thornton Community Centre, 731-735 London Rd, Thornton Heath CR7 6AU Tel: 020 8683 2996 or 07956 219163 Email: shkdarr@gmail.com . Services Provided: B, H, J	12noon - 3pm Mon and Fri

KEY TO SERVICES PROVIDED

- A. Be-friending / Support Services
- B. Lunch Clubs
- C. Carers Respite / Support
- D. Coffee Mornings/ Tea Parties
- E. IT / Computer Support
- F. Shopping
- G. Equipment for Hire
- H. Exercise Classes

16. Jagruti Women's Group Correspondence: 9 Wessex Court, 15 Bickley Road, Bromley, BR1 1pm –4pm 2ND Meets at: Winterbourne Youth Centre, 28 Winterbourne Tues Term Time Road, Thornton Heath, CR7 7QT Tel: 020 3719 1804 Email: info@jagrutiwomens.co.uk, Web: www.jagrutiwomens.co.uk Services Provided: H, J, L, I (snacks provided) 10.00 - 12-30pm 17. Sanderstead Neighbourhood Care Mon - Fri All Saints Hall, Onslow Gardens, Sanderstead, CR2 9AB Tel: 020 8657 8289 Email: sanderstead.neighbourhood.care@gmail.com Services Provided: A, F, I, L, M, B (alternative Fri) 18. Selsdon Centre for the Retired Selsdon Community Centre (entrance inside the Sainsburys building) 9am - 3pm Mon, Wed, Fri 132 Addington Road, South Croydon, CR2 8LA Tel: 020 8651 1111 Email: selsdon.centre@btinternet.com, Web: www.selsdoncentre.org.uk Services Provided: B, E, H, J, L, M 19. South Croydon Day Centre for the Retired Rear St. Peter's Hall, Ledbury Road, Croydon, CR0 1EP 10am - 4pm Tel: 020 8681 7948 Mon and Thurs Email: office@southcroydoncentre.org, Web: www.southcroydondc.org Services Provided: B, D, H, I, J, L, M

20. St. Andrew's Contact Group St Andrew's Church, Woodmansterne Road, Coulsdon, CR5 2DD Tel: 01737 555996 Email: contactgroup@standrews.coulsdon.net Web: www.standrews.coulsdon.net Services Provided: A, D, I, J, L, M

21. St. Christopher's Hospice

51-59 Lawrie Park Rd, Sydenham, London SE26 6DZ Tel: 020 8768 4500 Email: info@stchristophers.org.uk

Unrestricted

Pop in every 2nd

Tuesday in the

from 2-4pm Monica Jefford

month

- I. Information and Advice
- J. Day Centre/Pop in
- K. Gardening
- L. Outings and Events

M. Transport Scheme N. Dementia Support

22. Waddon Community Outreach Church House, Barrow Road, Waddon, Croydon, CR0 4EZ Tel: 07984112804 Email: stgeorgewaddon@hotmail.com	10am-4pm Tue-Thur
23. Action on Elder Abuse 23-25 Mitcham Lane, LONDON, SW16 6LQ Tel: 020 8835 9280 Email: volunteers@elderabuse.org.uk Web: www.elderabuse.org.uk	9am - 5pm Mon - Fri
24. Advice Support Knowledge Information (ASKI) Correspondence: 33 Brigstock Road, Thornton Heath Croydon, CR7 7JJ Tel: 020 8683 2191 / 07759 194 567 Email: info@aski.org.uk Web: www.aski.org.uk Services Provided: A, B,(1st Wed of the month) D, E, H, L	10am-4pm Mon-Fri. Sat - commur ty café 10am- 3pm
25. Croydon Hearing Croydon Hearing Resource Centre, Stafford House. 19 Stafford Road. Croy- don. CR0 4NG. Tel: 020 8686 0049 Email: hello@croydonhearing.org.uk	10am-3pm Mon-Fri
26. Croydon Vision Bedford Hall, 72074 Wellesley Rd, Croydon CR) 2AR Tel: 020 8688 2486 Email: info@croydonvision.org.uk	Mon 8.30am- 3pm Tues-Thurs 8.30-am - 4pn
27. Inaspectrum Correspondence: 72 Falkland Park Avenue, South Norwood, SE25 6SH Tel: 07900 990292 Email: inaspectrum@hotmail.com Web: www.inaspectrum.com /www.meetup.com/inaspectrum	Call for details

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- E. IT / Comp F. Shopping
- G. Equipment for Hire
- H. Exercise Classes

28. Re-Engage (formerly Contact the Elderly)

2 Grosvenor Gardens, London SW1W 0DH Tel: 020 8017 8240 Email: jane.vasudevan@reengage.org.uk www.reengage.org.uk

29. Stroke Action Croydon CVA Resource Centre, 82 London Road, CR0 2TB Tel: 07903 052 577 Email: Strokeactioncroydon@yahoo.co.uk Web: www.strokeactioncroydon.org Services Provided: H. L

11am - 3pm 2nd and 3rd **Tuesdays monthly**

Call for details

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30. 50 Plus Online Café: 50pluscafé.net Web Based Join our online 50plus café.net we offer an interactive website Platform whereby you can make friends and gain support through your community. Tel: 07813 943 840 Email: 50pluscafe.forum@gmail.com Web: www.50plusonlinecafe.com Services Provided: A, I and employment/training & health issues

31. Wellbeing You Ltd Correspondence: Weatherill House Business Centre, 23 Whitestone Way, Croydon, CR0 4WF Tel: 07870 508790 Web: www.wellbeingyou.org Email: swk@wellbeingyou.org Services Provided: B, H, I, L

32. Ministry of Empowerment Cornerstone House, 14 Willis Road, Croydon, Surrey CR0 2XX Email: Dorothy@moe-online.org.uk Tel: 0208 684 5857 Services Provided J

- Information and Advice
- J. Day Centre/Pop in
- Gardening K.
- Outings and Events L.

M. Transport Scheme N. Dementia Support

Call for details

Mon-Fri 10am-4pm

Additional Organisations

St Francis, Monks Hill 146 Tedder Rd, South Croydon CR2 8AH 020 8657 7864 stfrancisselsdon@gmail.com www.stfrancismonkshill.org.uk Over 50s Club

Croydon Asian Women's Organisation 89 Galpins Rd, Thornton Heath CR7 6EN 020 8409 1152

Fieldway Over 50s Fieldway Community Centre, Fieldway, New Addington CR0 9AZ 01689 842682

Age Unlimited Enriching Skills Airport House, Purley Way, Croydon CR0 0XZ 020 8651 1343

Silver Line Free phone support for older people, 24 hours a day. Tel: 0800 470 8090 Website: www.thesilverline.org.uk

Dementia Café Memory Café The Prince George Pub, 2 High Street, Thornton Heath, CR7 8LE 020 8664 9527

Carers Information Service 24 George Street, CR0 1PB Tel: 020 8649 9339, option 1, Email: info@carersinfo.org.uk www.carersinfo.org.uk

The Oddfellows (friendly society. Care & advice, support, social events. enquiries@oddfellows.co.uk www.oddfellows.co.uk

Additional Organisations

SPECIAL SHELTERED HOUSING & RESIDENTIAL CARE:

Brookhurst Court 190 Selhurst Rd, South Norwood, London SE25 6XX 080 8771 7560

Freeman Court 94 Stanford Rd, Norbury, London SW16 4QR 020 8679 3587

Frylands Court 24 Hutchingsons Rd, New Addington, Croydon CR0 0BD 01689 847233

Southsea Court 1/41 Eastney Rd, Croydon CR0 3TB 020 8680 2831

Toldene Court 106 Tollers lane, Old Coulsdon, Croydon CR5 1BD 01737 556101

Truscott House 14 Stanley Grove, West Croydon CR0 3QU 020 8684 9263

Peony Court (Barchester Healthcare) 58 Addiscombe Road, Croydon, CR0 5PH Tel: 020 8649 8800 www.barchester.com/home/peony-court-care-home (residential care, respite care and short stays, activities)

DAY CARE:

1596 Club at Whitgfit Care

Whitgift House, 76 Brighton Road, South Croydon, Surrey, CR2 6AB Wilhelmina House, 21 Park Hill Rise, Croydon, Surrey, CR0 5JF Tel: 020 8256 1596 www.whitgiftcare.co.uk

Useful contacts

Care Friends Croydon

(part of Careline) Tel: 020 8054 9744

Be on Hand

Tel: 020 3488 2912 Email: hello@beonhand.co.uk

Rowland Brothers Funeral Directors

299-303 Whitehorse Lane, Croydon CR0 2HR 020 8684 1667

LIFE Team

main number - for hospital discharges with reablement (physio/social worker/OT) - 020 8274 6974 Janine Walker 020 8651 0537 or 07538 842470

The South London Law Centre

Croydon, 5th Floor, Davis House, Robert Street, Croydon CR0 1QQ Tel: 020 8767 2777 (10.30-11.30am, Mon-Fri) Enquiries@swllc.org.uk

TRANSPORT:

Croydon Accessible Transport 14 Willis Rd, Croydon CR0 2XX 020 8665 0861 admin@croydonaccessibletransport.org.uk

1596 Club at Whitgift Care Whitgift House, 76 Brighton Rd, South Croydon CR2 6AB 020 8760 0472 www.whitgiftcare.co.uk

Dial a ride 0343 222 7777 dar@tfl.gov.uk

East Surrey Dial a Ride Douglas Brunton Day Centre Park Road, Caterham CR3 5TA 01883 349001

Balance and Movement Age UK Croydon, 81 Brigstock Rd, Thornton Heath, Croydon CR7 7JH Tel:020 8680 5450 Email:aukc@ageukcroydon.org.uk	Monday 10 - 11am
Zumba Class Upper Norwood Library Hub, 39-41 Westow Hill, SE19 1TJ	Monday 7 - 8pm
Age UK Croydon, 81 Brigstock Rd, Thornton Heath, Croydon CR7 7JH Tel:020 8680 5450 Email:aukc@ageukcroydon.org.uk	Wednesday 9.30 - 10.30am & 10.45 - 11.45am
Over 50s Exercise Class St Paul's Church, St Paul's Rd, Thornton heath, Croydon CR7 8NB Tel: 020 8768 5387	Tues & Thurs 11 - 12
Yoga Class St John's Church, 2 Sylvan Rd, London SE19 2RX Tel: 020 8768 5387	Wednesday
Wednesday Waterside Centre, 26 Avenue Rd, South Norwood SE25 4DX Tel: 020 8771 0297	Tues & Wed
Tai Chi Broad Green Tai Chi Group, 96-98 High St, Croydon CR0 1ND 020 8240 0815 Email: larpeg36@yahoo.co.u	Thursday 10.30 - 11.30am
Various activities Peony Court (Barchester Healthcare) 58 Addiscombe Road, Croydon, CR0 5PH Tel: 020 8649 8800 www.barchester.com/home/peony-court-care-home	Check website or call to see what's on.

CNCA Membership Services

Our membership is open to everyone, for example you may have a once a week lunch club or offer just one or two services, but no organisation is too small. If you cater for the over 65s, you can become a member and have access to a range of services, advice and information. CNCA will provide you with an opportunity to advertise your service across London Borough of Croydon by brochure and website. CNCA will also recommend your services on your behalf.

- Advertising of your group services in the CNCA directory
- Access to training programmes organised and hosted by CNCA
- Attendance at CNCA's membership forum meetings
- Advice, information and support
- Referrals to our befrienders and telephone befrienders

CNCA's Befriending Service

We are able to provide support to people who meet the following criteria:

- Elderly vulnerable people with complex needs or carers of these people
- Living alone and isolated
- Must live in London Borough of Croydon
- Housebound
- Minimum of 65 years old

Open: Mon - Thurs, 9.30am– 4.00pm

Phone: 020 8654 4440 Email: info@cnca.org.uk



Davidson Lodge Freemasons Rd Croydon CR0 6PD

Tel: 020 8662 1000 Befriending service tel: 020 8654 4440

Email: info@cnca.org.uk

Have you signed up to receive our bulletin? Contact info@cnca.org.uk.

London Borough of Croydon: www.croydon.gov.uk

To receive e-updates and newsletters from CVA: <u>https://cvalive.org.uk/news/</u>

DISCLAIMER:

This directory is updated by Croydon Neighbourhood Care Association every 3 months. If you have a copy that is older than this, please contact the office on 020 8662 1000 for an up to date version.

Please be aware that if you send out an older version of this booklet, the information may not be up to date.

If you work with over 65s and are interested in becoming a member of CNCA and included in this directory, please contact us on the number above or by email: info@cnca.org.uk.

