

# **The Aztec Centre**

## **(Community Equipment Service LBC)**

Our range of equipment will help you stay independent. Just tell us your challenges and we will find a solution that suits you!

### **OUR RANGE OF MOBILITY SOLUTIONS INCLUDE:**

- Riser recliner chairs
- High seat chairs
- Beds and mattresses
- Hoists
- Bathing /Toileting
- Various Small Kitchen / Dressing equipment
- Telecare (Pendant Alarms)

### **WE CAN ALSO HELP WITH DAILY LIVING**

Walking Frames, Mobility Scooters, Fitting hand rails and grab rails.

**Open: Mon - Fri, 9am- 5pm**

**Tel:020 8664 8860 (ex: 229)**

**Aztec Centre, 28 Boulogne Road,  
Croydon, CR0 2QT**

## **CNCA's Befriending Service**

**Are you over 65 and feel isolated and alone?**

**CNCA can provide various types of Befriending to suit your personal needs:**

- ◇ **Keep in-touch text**
- ◇ **Weekly telephone calls**
- ◇ **Call and visit**
- ◇ **Home visits every week**

**Open: Mon - Thurs, 9.30am– 4.30pm**

**Phone: 020 8654 4440**

**Email: [carers@cnca.org.uk](mailto:carers@cnca.org.uk)**



**Croydon  
Neighbourhood  
Care**

# **Directory of Neighbourhood Care Services**

**October 2017**

**This directory contains services to  
support adults over 65 years across the London  
Borough of Croydon**

**This information is collated by  
Croydon Neighbourhood Care Association**

**Central Hall  
Davidson Lodge  
Freemasons Road  
Croydon  
CR0 6PD**

**General Tel: 020 8662 1000  
Befriending Service Tel: 020 8654 4440**

**Email: [info@cnca.org.uk](mailto:info@cnca.org.uk)  
Web: [www.cnca.org.uk](http://www.cnca.org.uk)**

**Charity No. 1084451**

**Supported by:**



**CROYDON**  
[www.croydon.gov.uk](http://www.croydon.gov.uk)

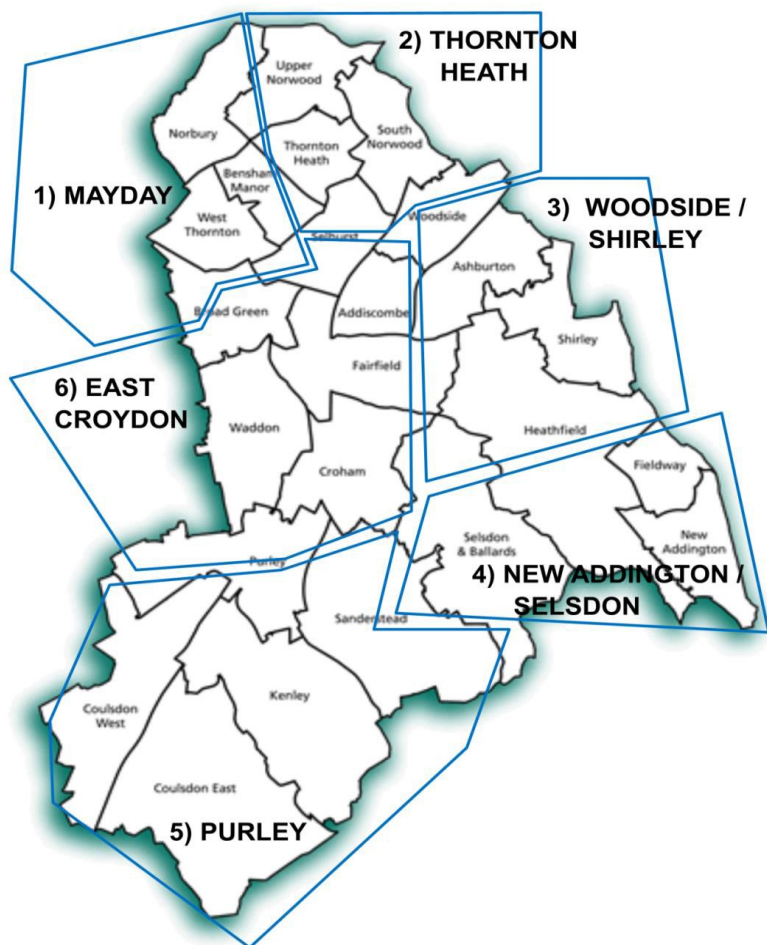
## Croydon Neighbourhood Care

Croydon Neighbourhood Care is an umbrella charity, working to meet the needs of isolated, vulnerable and frail people throughout the borough. We support local neighbourhood care associations and provide services and advice to adults throughout Croydon who are over 65yrs.

Our principal objective is to promote, support and develop local neighbourhood Care schemes.

All organisations within this brochure belong to our membership scheme. Benefits of joining CNCA are, free advertising of your service across the borough, signposting on our website and access to our services e.g. DBS service.

### Map of Croydon



## DBS Service

The Disclosure and Barring Service (DBS) is an essential part of running an organisation/group which deals with vulnerable groups and Volunteers. It is now a statutory requirement for many neighbourhood care groups, third sector organisations and private sector groups (medical practices, clinics, dentists, etc.) to ensure that all their salaried staff and volunteers are DBS checked, especially if they are receiving funds from, or dealing with governmental/local government organisations like the London Borough of Croydon.

To find out more about our service, please contact the office directly:

**020 8662 1000 or [info@cnca.org.uk](mailto:info@cnca.org.uk)**

## CNCA Membership Services

Becoming a member of CNCA will provide you with an opportunity to advertise your service across London Borough of Croydon by brochure and website. CNCA will also recommend your services on your behalf.

- Advertising of your group services in the CNCA directory
- DBS checks - official counter signatory
- Access to training programmes organised and hosted by CNCA
- Attendance at CNCA's membership forum meetings
- Advice, information and support
- Referrals to our befrienders and telephone befrienders
- Circulation of information around other CNCA member groups

**For any of these services please contact us on either  
020 8662 1000 or [info@cnca.org.uk](mailto:info@cnca.org.uk)**

# Neighbourhood Care Group Details

(Opening Hours)

# Key to Neighbourhood Care Groups

## Other Member Groups (Continued)

### 6. Inaspectrum

Correspondence: 72 Falkland Park Avenue, South Norwood, London, SE25 6SH

Tel: 07900 990292

Email: [inaspectrum@hotmail.com](mailto:inaspectrum@hotmail.com) Web: [www.inaspectrum.com](http://www.inaspectrum.com)

**Enabling Adults with Autism**

**Services Provided: D, I, L**

**Call for details**

### 7. Shahjalal Mosque and Islamic Cultural Centre

170 Handcroft Road, Thornton Heath, Croydon, CR0 3LE

Tel: 020 8664 1874

Email: [info@shahjalalmasjid.co.uk](mailto:info@shahjalalmasjid.co.uk)

**Services Provided: Call for details**

**Call for details**

### 8. Shiloh Senior Members Community Club

Shiloh Church Hall, 61-69 Bensham Grove, Thornton Heath, CR7 8DD

Tel: 020 8771 1565

Email: [church@shilohworshipcentre.org](mailto:church@shilohworshipcentre.org), Web: [www.shilohworshipcentre.org](http://www.shilohworshipcentre.org)

**Services Provided: B**

**11.00 - 3pm  
Tuesdays  
Bi-monthly**

### 9. Stroke Action Croydon

CVA Resource Centre, 82 London Road, CR0 2TB

Tel: 020 8688 8132 / 07903 052 577

Email: [Strokeactioncroydon@yahoo.co.uk](mailto:Strokeactioncroydon@yahoo.co.uk)

Web: [www.strokeactioncroydon.org](http://www.strokeactioncroydon.org)

**Services Provided: H, L**

**11.00 - 3pm  
2nd and 3rd  
Tuesdays  
monthly**

### 10. Subrang Arts

43 Brancaster Lane, Purley, Croydon, CR8 1HJ

Tel: 0775287133

Email: [info@subrangarts.co.uk](mailto:info@subrangarts.co.uk)

**Services Provided: H**

**Call for details**

### 11. 1596 Club at Whitgift Care

76 Brighton Road, Croydon, CR0 6AB

Tel: 020 8256 1596

Email: [1596club@whitgiftcare.co.uk](mailto:1596club@whitgiftcare.co.uk)

**Services Provided: B, C, D, E, H, J, L, M**

**Mon - Fri  
10am - 4pm**

### 12. 50Pluscafe.net

Join our online 50plus café.net we offer an interactive website whereby you can make friends and gain support through your community.

Tel: 07813 943 840

Email: [dawn7spence@btinternet.com](mailto:dawn7spence@btinternet.com)

Web: [www.50pluscafe.net](http://www.50pluscafe.net)

**Services Provided: A**

**Web Based  
Platform**

No.	Group Name	Position on Map
1.	Abbeyfield Sanderstead Society Ltd	(5)
2.	Abbeyfield Southern Oaks	(5)
3.	Addiscombe Neighbourhood Care Association	(6)
4.	Age UK Croydon	(2)
5.	Age UK Croydon	(6)
6.	Age UK Croydon	(6)
7.	Croham Hurst Good Neighbours	(6)
8.	Croydon African Caribbean Family Organisation	(2)
9.	Croydon Asian Women's Organisation	(2)
10.	Croydon 60+ Club	(6)
11.	Eastern Oasis Luncheon Club	(5)
12.	Fieldway Over 50's	(4)
13.	Jagruti Women's Group	(2)
14.	Kenley Lunch Club	(5)
15.	New Addington Baptist Church Community Family Project	(4)
16.	New Addington Good Samaritans (N.A.G.S)	(4)
17.	Old Coulsdon Centre (for the retired)	(5)
18.	Parchmore Methodist Church and Community Centre	(2)
19.	Purley & Coulsdon Clubs for the Elderly (P.A.C.E)	(5)
20.	Purley Cross Centre	(5)
21.	St Andrew's Contact Group	(5)
22.	St Edmund's Caring Group	(5)
23.	Sanderstead Neighbourhood Care	(5)
24.	Selsdon Centre for the Retired	(4)
25.	Selsdon Contact	(4)
26.	Shirley Neighbourhood Care Scheme	(3)
27.	South Croydon Day Centre for the Elderly	(6)
28.	South Norwood & Woodside Community Association (S.N.W.C.A)	(2)
29.	Timebridge Community Centre	(4)
30.	Upper Norwood Association for Community Care (U.N.A.C.C)	(2)
31.	Waddon Community Outreach	(6)
32.	Westbury Community Project	(6)
No.	Other Member Groups	Position on Map
1.	Action on Elder Abuse	(1)
2.	Advice Support Knowledge Information (ASKI)	(2)
3.	Age Unlimited Enriching Skills	(6)
4.	Broad Green Tai Chi Group	(6)
5.	Family Focus	(6)
6.	Inaspectrum	(2)
7.	Shahjalal Mosque and Islamic Cultural Centre	(2)
8.	Shiloh Senior Members Community Club	(2)
9.	Stroke Action Croydon	(1/6)
10.	Subrang Arts	(5)
11.	1596 Club at Whitgift Care	(6)
12.	50Pluscafe.net	

## Neighbourhood Care Group Details

(Opening Hours)

### 1. Abbeyfield Sanderstead Society Ltd

2 Beechwood Road, Sanderstead, South Croydon, CR2 0AA

Tel: 020 8768 3737 / 020 8657 6668

Email: afidsan@tiscali.co.uk, Web: www.abbeyfield.com/Sanderstead

**Services Provided:** D (On occasion - please call for further details)

**Tues and  
Thurs am**

### 2. Abbeyfield Southern Oaks

7 West Street, Ewell Epsom, KT17 1UZ

Tel: 020 8394 0050

Email: admin@abbeyfieldsouthernosaks.org Web:

www.abbeyfieldsouthernosaks.org

**Services Provided:** A, D, H

**10am - 4pm  
Mon, Tues, Fri**

### 3. Addiscombe Neighbourhood Care Association (A.N.C.A)

The ANCA Office, St. Mildred's Centre, 30 Bingham Road, Croydon, CR0 7EB

Tel: 020 8654 5062

Email: info@anca.org.uk, Web: www.anca.org.uk

**Services Provided:** A, B, F, G, H, I, K, L, M,

**9.30 - 12noon  
Mon-Fri**

### 4. Age UK Croydon

2 Katharine Street, Croydon, CR0 1NX

Tel: 020 8680 5450 Email: aukc@ageukcroydon.org.uk

**Services Provided:** A, I, J

**9.30 - 4.30pm  
Mon-Fri**

### 5. Age UK Croydon

81 Brigstock Road, Thornton Heath, Croydon, CR7 7JH

Tel: 020 8683 7100 Email: aukc@ageukcroydon.org.uk

**Services Provided:** D, E, H, L

Offers a range of health and well-being information, daily activities and events.

**9.30 - 4.30pm  
Mon-Fri**

### 6. Age UK Croydon

5th Floor, 22 Park House, Park Street, Croydon, CR0 1YE

Tel: 020 8680 5450 Email: aukc@ageukcroydon.org.uk

**Services Provided:** A, I

**Call for details**

### 7. Croham Hurst Good Neighbours

CHGN Office, 52 Croham Road (off Morton Rd)

Croydon, CR2 7BA

Tel: 020 8649 9678

Email: chgnoffice@gmail.com, Web: www.chgn.org.uk

**Services Provided:** A, C, D, F, I, K, L, M, N

**10.00 -  
12.30pm  
Mon - Thur**

## Neighbourhood Care Group Details

(Opening Hours)

### 32. Westbury Community Project

Mercedes Amos Day Centre

Byers Memorial Hall, 183 Handcroft Road, Broad Green, Croydon, CR0 3LF

Tel: 020 8664 8101

Email: westburycomproj@aol.com

Open: 10am-4pm, Tue-Thur

**Services Provided:** B, E, H, I, J, L, M, N,

**Call for details**

## Other Member Groups

### 1. Action on Elder Abuse

23-25 Mitcham Lane, LONDON, SW16 6LA

Tel: 020 8835 9280

Email: volunteers@elderabuse.org.uk Web: www.elderabuse.org.uk

**Call for details**

### 2. Advice Support Knowledge Information (ASKI)

Correspondence: 2nd Floor, Day Lewis House, 324-340 Bensham Lane,

Thornton Heath, Surrey, CR7 7EQ

Tel: 020 8683 2191 / 07759 194 567

Email: info@aski.org.uk Web: www.aski.org.uk

**Services Provided:**

**10.00 - 4.00pm  
Mon - Fri**

### 3. Age Unlimited Enriching Skills

3space Croydon, 5th Floor, Southern House, Wellesley Grove, CR0 1XG

Tel: 020 8651 1343 / 07745 272 297

Email: info@ageunlimited.co.uk Web: http://www.ageunlimited.co.uk

**Services Provided:**

**Call for details**

### 4. Broad Green Tai Chi Group

Correspondence: 146 Eastney Drive, West Croydon, CR0 3TF

Meets at: Buddhist Centre, 96-98 High Street, Croydon, CR0 1ND

Tel: 0208 240 0815 / 020 8771 8003 Email: larpeg36@yahoo.co.uk

Web: www.cnca.org.uk/broad

**Services Provided:** H

**Call for details**

### 5. Family Focus

Meets at: St George's Centre, Barrow Road, Waddon, CR0 4EZ

Correspondence: 17 Chaffinch Avenue, Croydon, CR0 7SF

Tel: 07969 252 164 Email: Lker@live.co.uk

**Services Provided:** I, J

**10.30 - 11.30am  
Tues /Thurs  
(Cost: £5 each)**

## KEY TO SERVICES PROVIDED

- |                                    |                          |
|------------------------------------|--------------------------|
| A. Be-friending / Support Services | E. IT / Computer Support |
| B. Lunch Clubs                     | F. Shopping              |
| C. Carers Respite / Support        | G. Equipment for Hire    |
| D. Coffee Mornings/ Tea Parties    | H. Exercise Classes      |

- |                           |                     |
|---------------------------|---------------------|
| I. Information and Advice | M. Transport Scheme |
| J. Day Centre/Pop in      | N. Dementia Support |
| K. Gardening              |                     |
| L. Outings and Events     |                     |

# Neighbourhood Care Group Details (Opening Hours)      Neighbourhood Care Group Details (Opening Hours)

<b>26. Shirley Neighbourhood Care Scheme</b> Shirley Methodist Church, Eldon Avenue, Croydon, CR0 8SD Tel: 020 8662 9599 Email: sncs1970@gmail.com, Web: shirleyneighbourhoodcarescheme.co.uk <b>Services Provided: A, B, F, I, L M</b>	<b>10.00 - 12.30pm</b> <b>Mon - Fri</b>	<b>8. Croydon African Caribbean Family Organisation</b> 40 Northwood Road, Thornton Heath, CR7 8HQ Tel: 020 8127 4550 Email: info@cacfo.org.uk, Web: www.cacfo.org.uk <b>Services Provided: A, B, C, E, H, J, L, M</b>	<b>9.00 - 5pm</b> <b>Mon - Fri</b>
<b>27. South Croydon Day Centre for the Retired</b> Rear St. Peter's Hall, Ledbury Road, Croydon, CR0 1EP Tel: 020 8681 7948 Email: office@southcroydoncentre.org, Web: www.southcroydondc.org <b>Services Provided: B, D, H, I, J, L, M</b>	<b>10.00 - 4pm</b> <b>Mon and Thurs</b>	<b>9. Croydon Asian Women's Organisation</b> Correspondence: 89 Galpins Road, Thornton Heath, CR7 6EN Meets at: 19 Hood Close, Derby Road, Croydon, CR0 3SN Tel: 020 8409 1152. Email: n_rashid_11@hotmail.com <b>Services Provided: A, D, H, J, L, M</b>	<b>Every Monday</b> <b>12noon - 3pm</b>
<b>28. South Norwood and Woodside Community Association (S.N.W.C.A)</b> South Norwood Methodist Church, Suffolk Road, South Norwood, London, SE25 6EG Tel: 020 8768 2698 Email: snwca@hotmail.co.uk <b>Services Provided: B, F, H, J, L, M</b>	<b>10.00 - 2.00pm</b> <b>Mon - Fri</b> <b>2 - 4pm Tues</b> <b>Stroke Club</b>	<b>10. Croydon 60+ Club</b> 58 Addiscombe Road, Croydon, CR0 5PH Tel: 020 8680 0084 Email: darbyjoan7@yahoo.co.uk <b>Services Provided: B, E, H, J, L</b>	<b>9.30 - 3.30pm</b> <b>Mon-Sat</b>
<b>29. Timebridge Community Centre</b> Timebridge Centre, Fieldway, New Addington, Croydon, CR0 9AZ Tel: 01689 842992 Email: timebridgecentre@gmail.com <b>Services Provided: Youth Clubs (8-13 and 12-19), Community Space (for hire), Boxing Club, Steel Band, Nursery</b>	<b>Call for details</b>	<b>11. Eastern Oasis Luncheon Club</b> Correspondence: 71 Woodcote Grove Road, Coulsdon, CR5 2AL Meets at: The Salvation Army, 66 High Street, Thornton Heath, CR7 8LF Tel: 020 8683 2996 or 07956 219163 Email: easternoasisluncheon-club@gmail.com <b>Services Provided: A, B, H, J</b>	<b>12.00 - 3pm</b> <b>Tue and Thurs</b>
<b>30. Upper Norwood Association for Community Care (UNACC))</b> The Waterside Centre, 26 Avenue Road, London, SE25 4DX Tel: 020 8771 6886 Email: info@unacc.org.uk, Web: www.unacc.org.uk <b>Services Provided: B, D, E, H, I, J, L,</b>	<b>9.30 - 2.30pm</b> <b>Mon, Tue, Wed and Fri</b>	<b>12. Fieldway Over 50's</b> Correspondence: 39 The Lindens, Fieldway, New Addington, CR0 9EJ Meets at: Fieldway Community Centre, Fieldway, New Addington, Croydon, CR0 9AZ Tel: 01689 842 682 Email: valeriegage36@yahoo.com <b>Services Provided: D, E, J, L</b>	<b>10.00 - 12 noon</b> <b>Thurs</b>
<b>31. Waddon Community Outreach</b> Church House, Barrow Road, Waddon, Croydon, CR0 4EZ Tel: 020 8688 7006 Email: patricia.vowles@yahoo.com <b>Services Provided: A, D, H, J, L</b>	<b>Call for details</b>	<b>13. Jagruti Women's Group</b> Correspondence: 9 Wessex Court, 15 Bickley Road, Bromley, BR1 2ND Meets at: Winterbourne Youth Centre, 28 Winterbourne Road, Thornton Heath, CR7 7QT Tel: 020 3719 1804 Email: info@jagrutiwomens.co.uk, Web: www.jagrutiwomens.co.uk <b>Services Provided: H, J (snacks provided)</b>	<b>12.00 - 4.00pm</b> <b>Tue</b>

## KEY TO SERVICES PROVIDED

A. Be-friending / Support Services	E. IT / Computer Support	I. Information and Advice	M. Transport Scheme
B. Lunch Clubs	F. Shopping	J. Day Centre/Pop in	N. Dementia Support
C. Carers Respite / Support	G. Equipment for Hire	K. Gardening	
D. Coffee Mornings/ Tea Parties	H. Exercise Classes	L. Outings and Events	



## Neighbourhood Care Group Details

(Opening Hours)

### 14. Kenley Lunch Club

Correspondence: 118 Welcomes Road, Kenley, CR8 5HH  
Meets at: Kenley Memorial Hall, 92 Godstone Road, Kenley, CR8 5AB  
Tel: 020 8660 1988

Email: searyakd@talktalk.net, Web: www.cnca.org.uk/kenleyclub

**Services Provided: B, M Nail cutting service provided.**

**11.45 - 1.45pm  
Tue**

### 15. New Addington Baptist Church Community Family Project

New Addington Baptist Church, 39 Arnhem Drive, New Addington, Croydon, CR0 0EE

Tel: 01689 800291

Email: cfp@newaddingtonbaptistchurch.co.uk Web:

www.newaddingtonbaptistchurch.co.uk

**Services Provided: A, B I**

**9am - 4pm  
Mon - Fri**

### 16. New Addington Good Samaritans

The Pop-In, 1 Salcot Crescent, New Addington, CR0 0JG

Tel: 01689 841176

Email: nagspopin@btconnect.com, Web: www.cnca.org.uk/newaddington

**Services Provided: B, D, E, G, H, I, J, L, M**

**9.00 - 4.00pm  
Mon - Fri  
(closes at  
2pm on  
Tuesdays)**

### 17. Old Coulsdon Centre (for the retired)

Old Coulsdon Centre, Grange Park, Coulsdon Road, Old Coulsdon, CR5 1EH

Tel: 01737 554386

Email: occr@btinternet.com, Web: www.occfr.org

**Services Provided: B, C, D, H, I, J, L, M**

**10am - 4pm  
Mon - Fri**

### 18. Parchmore Methodist Church and Community Centre

53 Parchmore Road, Thornton Heath, CR7 8LY

Tel: 020 8653 7353 / 8998

Email: admin@parchmore.org / jenny@parchmore.org Web:

www.parchmore.org

**Services Provided: B, F, H, I, J, L, M**

**10.30 - 2.30pm  
Tues - Fri**

### 19. Purley & Coulsdon Clubs for the Elderly (PACE)

Dorothy Mortby Centre, 119 Lansdowne Road, Purley, CR8 2PE

Tel: 020 8668 2270 Email: pace119@btinternet.com

(Shopping bus to Tesco operates on Tuesdays - call to check availability and pick up/return times in your area)

**Services Provided: B, C, F, J, L**

**11.00 - 3.30pm  
Wed  
10.00 - 3pm  
Thur  
10.30 - 2pm  
Fri**

## Neighbourhood Care Group Details

(Opening Hours)

### 20. Purley Cross Centre (Community Information)

24 High Street, Purley, CR8 2AA

Tel: 020 8668 4189

Email: manager@purleycrosscentre.org

Web: www.purleycrosscentre.org

**Services Provided: E, I**

**10.00 - 2pm  
Mon - Fri**

### 21. St. Andrew's Contact Group

St Andrew's Church, Woodmansterne Road, Coulsdon, CR5 2DD

Tel: 01737 555996

Email: contactgroup@standrews.coulsdon.net

Web: www.standrews.coulsdon.net

**Services Provided: A, D, I, J, L, M**

**9am - 5pm  
Mon - Fri  
10.00 -12noon  
Mon - Fri**

### 22. St. Edmund's Caring Group, Riddlesdown

Correspondence: 20 Lower Barn Road, Purley, CR8 1HQ

Tel: 020 8651 9442

Email: richardwragg@hotmail.co.uk

**Services Provided: A, B, F, L, M**

**10.00 -  
12.30pm  
Mon - Fri**

### 23. Sanderstead Neighbourhood Care

All Saints Hall, Onslow Gardens, Sanderstead, CR2 9AB

Tel: 020 8657 8289

Email: sanderstead.neighbourhood.care@gmail.com

**Services Provided: A, F, I, L, M**

**9.30 - 4.00pm  
Mon - Fri**

### 24. Selsdon Centre for the Retired

Selsdon Community Centre (Next to Sainsbury's)

132 Addington Road, South Croydon, CR2 8LA

Tel: 020 8651 1111

Email: selsdon.centre@btinternet.com, Web: www.selsdoncentre.org.uk

**Services Provided: B, E, H, J, L, M**

**10.00 - 3pm  
Mon - Fri**

### 25. Selsdon Contact

Selsdon Community Centre, (Lower ground floor, Sainsbury's),

132 Addington Road,

South Croydon, CR2 8LA

Tel: 020 8651 4944

Email: info@selsdoncontact.org.uk, Web: www.selsdoncontact.org.uk

**Services Provided: A, C, D, E, F, G, I, K, L, M**

**Call for  
details**

## KEY TO SERVICES PROVIDED

- |                                    |                          |
|------------------------------------|--------------------------|
| A. Be-friending / Support Services | E. IT / Computer Support |
| B. Lunch Clubs                     | F. Shopping              |
| C. Carers Respite / Support        | G. Equipment for Hire    |
| D. Coffee Mornings/ Tea Parties    | H. Exercise Classes      |

- |                           |                     |
|---------------------------|---------------------|
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| J. Day Centre/Pop in      | N. Dementia Support |
| K. Gardening              |                     |
| L. Outings and Events     |                     |