

The Aztec Centre (Croydon Equipment Solutions)

Our range of equipment will help you stay independent. Just tell us your challenges and we will find a solution that suits you!

Our Range of Mobility Solutions Include:

HELP WITH DAILY LIVING

- Riser recliner chairs
- High seat chairs
- Beds and mattresses
- Hoists
- Bathing /Toileting
- Various Small Kitchen / Dressing equipment
- Telecare (Pendant Alarms)

Walking Frames, Mobility Scooters, Fitting hand rails and grab rails.

Open: Mon - Fri, 9am- 5pm

Tel:020 8664 8860 (ex: 229)

**Aztec Centre, 28 Boulogne Road,
Croydon, CR0 2QT**

CNCA's Befriending Service

**Are you over 65?
Do you care for somebody?
Do you feel isolated and alone?**

**CNCA can provide various types of Befriending to suit
your needs:**

- 1) Keep in-touch**
- 2) Telephone - Weekly call**
- 3) Call and visit**
- 4) Home visits every week**

**Phone: 020 8654 4440
Email: carers@cnca.org.uk**



**Croydon
Neighbourhood
Care**

Directory of Neighbourhood Care Services

May 2017

**This directory contains services to
support adults over 65years across the London
Borough of Croydon**

**This information is collated by
Croydon Neighbourhood Care Association
Central Hall
Davidson Lodge
Freemasons Road
Croydon
CR0 6PD**

**General Tel: 020 8662 1000
Befriending Service Tel: 020 8654 4440**

**Email: info@cnca.org.uk
Web: www.cnca.org.uk**

Supported by:



CROYDON
www.croydon.gov.uk



**INVESTORS
IN PEOPLE** | **Bronze**

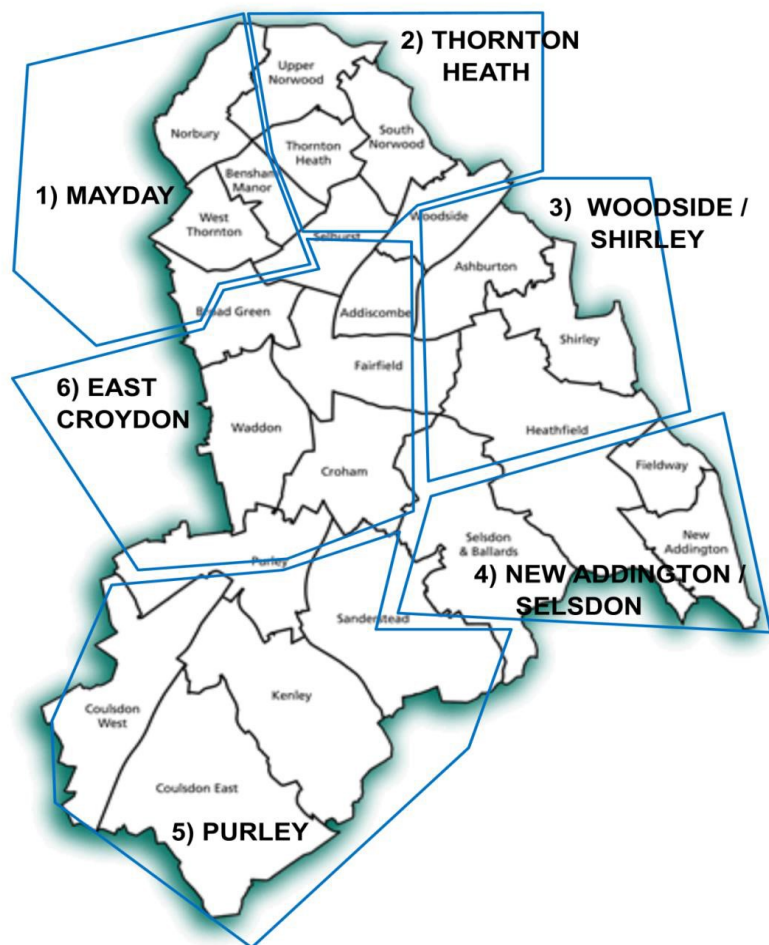
Croydon Neighbourhood Care

Croydon Neighbourhood Care is an umbrella charity, working to meet the needs of Isolated, vulnerable and frail people throughout the Borough. We support local Neighbourhood Care Associations and provide services and advice to adults throughout Croydon who are over 65yrs.

Our principal objective is to promote, support and develop local Neighbourhood Care Schemes.

All organisations within this Brochure belong to our Membership Scheme. Benefits of joining are, free advertising of your service across the borough, signposting on our website and access to our services e.g. DBS service.

Map of Croydon



DBS Service

The Disclosure and Barring Service (DBS) Checks (previously CRB Checks) are an essential part of running an Organisation/Group which deals with Vulnerable Groups and Volunteers. It is now a Statutory requirement for many Neighbourhood Care Groups, Third Sector Organisations and Private Sector Groups (Medical Practices, Clinics, Dentists, etc.) to ensure that all their Salaried Staff and Volunteers are DBS Checked, especially if they are receiving funds from or dealing with Governmental/Local Government Organisations like the London Borough of Croydon.

To find out more about our service, please contact the office directly:

020 8662 1000 or info@cnca.org.uk

CNCA Membership Services

Becoming a member of CNCA will provide you with an opportunity to advertise your service across London Borough of Croydon by brochure and website. CNCA will also recommend your services on your behalf.

- Advertising of your Group Services in the CNCA Brochure
- DBS Checks - Official Counter Signatory
- Access to Training Programmes organised and hosted by CNCA
- Attendance at CNCA's Membership Forum Meetings
- Advice, Information and Support
- Referrals to our Befrienders and Telephone Befrienders
- Circulation of Information around other CNCA Member Groups

**For any of these services please contact us on either
020 8662 1000 or info@cnca.org.uk**

Neighbourhood Care Group Details

(Opening Hours)

Key to Neighbourhood Care Groups

Other Member Groups (Continued)

6. Inaspectrum

Correspondence: 72 Falkland Park Avenue, South Norwood, London, SE25 6SH

Tel: 07900 990292

Email: inaspectrum@hotmail.com Web: www.inaspectrum.com

Enabling Adults with Autism

Services Provided: D, I, L

Call for details

7. Shahjalal Mosque and Islamic Cultural Centre

170 Handcroft Road, Thornton Heath, Croydon, CR0 3LE

Tel: 020 8664 1874

Email: info@shahjalalmasjid.co.uk

Services Provided: Call for details

Call for details

8. Shiloh Senior Members Community Club

Shiloh Church Hall, 61-69 Bensham Grove, Thornton Heath, CR7 8DD

Tel: 020 8771 1565

Email: church@shilohworshipcentre.org, Web: www.shilohworshipcentre.org

Services Provided: B

**11.00-3pm
Tuesdays
Bi-monthly**

9. Stroke Action Croydon

Venue: CVA Resource Centre, 82 London Road, CR0 2TB

103 Granville Close, Croydon, CR0 5PZ

Tel: 020 8688 8132 / 07903 052 577

Email: Strokeactioncroydon@yahoo.co.uk

Web: www.strokeactioncroydon.org

Services Provided: H, L

**11.00-3pm
2nd and 3rd
Tuesdays
monthly**

10. Subrang Arts

43 Brancaster Lane, Purley, Croydon, CR8 1HJ

Tel: 0775287133

Email: info@subrangarts.co.uk

Services Provided: H

Call for details

11. 1596 Club at Whitgift Care

76 Brighton Road, Croydon, CR0 6AB

Tel: 020 8256 1596

Email: 1596club@whitgiftcare.co.uk

Services Provided: J

**Mon- Fri
10am -4pm**

No.	Group Name	Position on Map
1.	Abbeyfield Sanderstead Society Ltd	(5)
2.	Abbeyfield Southern Oaks	(5)
3.	Addiscombe Neighbourhood Care Association	(6)
4.	Age UK Croydon	(2)
5.	Age UK Croydon	(6)
6.	Age UK Croydon	(6)
7.	Croham Hurst Good Neighbours	(6)
8.	Croydon African Caribbean Family Organisation	(2)
9.	Croydon Asian Women's Organisation	(2)
10.	Croydon 60+ Club	(6)
11.	Eastern Oasis Luncheon Club	(5)
12.	Fieldway Over 50's	(4)
13.	Jagruiti Women's Group	(2)
14.	Kenley Lunch Club	(5)
15.	New Addington Baptist Church Community Family Project	(4)
16.	New Addington Good Samaritans (N.A.G.S)	(4)
17.	Old Coulsdon Centre (for the retired)	(5)
18.	Parchmore Methodist Church and Community Centre	(2)
19.	Purley & Coulsdon Clubs for the Elderly (P.A.C.E)	(5)
20.	Purley Cross Centre	(5)
21.	St Andrew's Contact Group	(5)
22.	St Edmund's Caring Group	(5)
23.	Sanderstead Neighbourhood Care	(5)
24.	Selsdon Centre for the Retired	(4)
25.	Selsdon Contact	(4)
26.	Shirley Neighbourhood Care Scheme	(3)
27.	South Croydon Day Centre for the Elderly	(6)
28.	South Norwood & Woodside Community Association (S.N.W.C.A)	(2)
29.	Timebridge Community Centre	(4)
30.	Upper Norwood Association for Community Care (U.N.A.C.C)	(2)
31.	Waddon Community Outreach	(6)
32.	Westbury Community Project	(6)
No.	Other Member Groups	Position on Map
1.	Action on Elder Abuse	(1)
2.	Age Unlimited Enriching Skills	(6)
3.	Avenues Group	(6)
4.	Broad Green Tai Chi Group	(6)
5.	Family Focus	(6)
6.	Inaspectrum	(2)
7.	Shahjalal Mosque and Islamic Cultural Centre	(2)
8.	Shiloh Senior Members Community Club	(2)
9.	Stroke Action Croydon	
10.	Subrang Arts	(5)
11.	1596 Club at Whitgift Care	(6)

Neighbourhood Care Group Details (Opening Hours)

1. Abbeyfield Sanderstead Society Ltd

2 Beechwood Road, Sanderstead, South Croydon, CR2 0AA
Tel: 020 8768 3737 / 020 8657 6668
Email: afidsan@tiscali.co.uk, Web: abbeyfield.com/Sanderstead
Services Provided: D (On occasion - please call for further details)

Call for details

2. Abbeyfield Southern Oaks

7 West Street, Ewell Epsom, KT17 1UZ
Tel: 020 8394 0050
Email: admin@abbeyfieldsouthernosaks.org Web: www.abbeyfieldsouthernosaks.org
Services Provided: A, D, H

Call for details

3. Addiscombe Neighbourhood Care Association (A.N.C.A)

The ANCA Office, St. Mildred's Centre, 30 Bingham Road, Croydon, CR0 7EB
Tel: 020 8654 5062
Email: info@anca.org.uk, Web: www.anca.org.uk
Services Provided: A, F, G, H, I, K, L, M,

**9.30-12noon
Mon-Fri**

4. Age UK Croydon

2 Katharine Street, Croydon, CR0 1NX
Tel: 020 8680 5450 Email: aukc@ageukcroydon.org.uk
Services Provided: A, I, J

Call for details

5. Age UK Croydon

81 Brigstock Road, Thornton Heath, Croydon, CR7 7JH
Tel: 020 8683 7100 Email: aukc@ageukcroydon.org.uk
Services Provided: D, E, F, H, L
Offers a range of health and well-being information, daily activities and events.

Call for details

6. Age UK Croydon

5th Floor, 22 Park House, Park Street, Croydon, CR0 1YE
Tel: 020 8680 5450 Email: aukc@ageukcroydon.org.uk
Services Provided: A, I

Call for details

7. Croham Hurst Good Neighbours

CHGN Office, Croham Road Baptist Church, Croham Road, Croydon, CR2 7BA
Tel: 020 8649 9678
Email: chgnoffice@gmail.com, Web: www.chgn.org.uk
Services Provided: A, C, D, F, I, K, L, M, N

**10.00-12.30pm
Mon-Thur**

Neighbourhood Care Group Details (Opening Hours)

32. Westbury Community Project

Mercedes Amos Day Centre
Byers Memorial Hall, 183 Handcroft Road, Broad Green, Croydon, CR0 3LF
Tel: 020 8664 8101
Email: westburycomproj@aol.com
Open: 10am-4pm, Tue-Thur
Services Provided: B, E, H, I, J, L, M, N,

Call for details

Other Member Groups

1. Action on Elder Abuse

23-25 Mitcham Lane, LONDON, SW16 6LA
Tel: 020 8835 9280
Email: volunteers@elderabuse.org.uk Web: www.elderabuse.org.uk

Call for details

2. Age Unlimited Enriching Skills

3space Croydon, 5th Floor, Southern House, Wellesley Grove, CR0 1XG
Tel: 020 8651 1343
Email: info@ageunlimited.co.uk Web: http://www.ageunlimited.co.uk

Call for details

3. Avenues Group

c/o CVA Resource Centre, 82 London Road, Croydon, CR0 2TB
Tel: 07917 508275
Email: Sonia.gayle@avenuesgroup.org.uk
Dementia Support Services in Croydon
Services Provided: N

Call for details

4. Broad Green Tai Chi Group

Correspondence: 146 Eastney Drive, West Croydon, CR0 3TF
Meets at: Buddhist Centre, 96-98 High Street, Croydon, CR0 1ND
Tel: 0208 240 0815 / 020 8771 8003 Email: larpeg36@yahoo.co.uk
Web: www.cnca.org.uk/broad
Services Provided: H

**10.30-11.30am
Thursdays
(Cost: £5 each)**

5. Family Focus

Meets at: St George's Centre, Barrow Road, Waddon, CR0 4EZ
Correspondence: 17 Chaffinch Avenue, Croydon, CR0 7SF
Tel: 07892 402363 Email: suehuxtable17@gmail.com
Services Provided: I, J

**9.30-11.30am
Thurs**

KEY TO SERVICES PROVIDED

- | | |
|------------------------------------|--------------------------|
| A. Be-friending / Support Services | E. IT / Computer Support |
| B. Lunch Clubs | F. Shopping |
| C. Carers Respite / Support | G. Equipment for Hire |
| D. Coffee Mornings/ Tea Parties | H. Exercise Classes |

- | | |
|---------------------------|---------------------|
| I. Information and Advice | M. Transport Scheme |
| J. Day Centre/Pop in | N. Dementia Support |
| K. Gardening | |
| L. Outings and Events | |

Neighbourhood Care Group Details

(Opening Hours)

26. Shirley Neighbourhood Care Scheme

Shirley Methodist Church, Eldon Avenue, Croydon, CR0 8SD

Tel: 020 8662 9599

Email: sncs1970@gmail.com, Web: shirleyneighbourhoodcarescheme.co.uk

Services Provided: A, B, F, I, L, M

10.00-12.30pm

Mon-Fri

27. South Croydon Day Centre for the Retired

Rear St. Peter's Hall, Ledbury Road, Croydon, CR0 1EP

Tel: 020 8681 7948

Email: office@southcroydoncentre.org, Web: www.southcroydondc.org

Services Provided: B, D, H, I, J, L, M

10.00-4pm

Mon & Thurs

28. South Norwood and Woodside Community Association (S.N.W.C.A)

South Norwood Methodist Church, Suffolk Road, South Norwood, London, SE25 6EG

Tel: 020 8768 2698

Email: snwca@hotmail.co.uk

Services Provided: B, F, H, J, L, M

10.30-2.30pm

Mon Wed Thur

2-4pm Tues

Stroke Club,

29. Timebridge Community Centre

Timebridge Centre, Fieldway, New Addington, Croydon, CR0 9AZ

Tel: 01689 842992 Email: timebridgecentre@gmail.com

Services Provided: Youth Clubs (8-13 and 12-19),

Community Space (for hire), Boxing Club, Steel Band, Nursery

Call for details

30. Upper Norwood Association for Community Care (UNACC)

The Waterside Centre, 26 Avenue Road, London, SE25 4DX

Tel: 020 8771 6886

Email: info@unacc.org.uk, Web: www.unacc.org.uk

Services Provided: B, D, E, H, I, J, L,

9.30-2.30pm

Mon, Tue,

Wed & Fri

31. Waddon Community Outreach

Church House, Barrow Road, Waddon, Croydon, CR0 4EZ

Tel: 020 8688 7006

Email: patricia.vowles@yahoo.com

Services Provided: A, D, H, J, L

Call for details

Neighbourhood Care Group Details

(Opening Hours)

8. Croydon African Caribbean Family Organisation

40 Northwood Road, Thornton Heath, CR7 8HQ

Tel: 020 8127 4550

Email: info@cacfo.org.uk, Web: www.cacfo.org.uk

Services Provided: A, B, C, E, H, J, L, M

9.00-5pm

Mon-Fri

9. Croydon Asian Women's Organisation

Correspondence: 89 Galpins Road, Thornton Heath, CR7 6EN

Meets at: 19 Hood Close, Derby Road, Croydon, CR0 3SN

Tel: 020 8409 1152. Email: n_rashid_11@hotmail.com

Services Provided: A, D, H, J, L, M

Every Monday

12noon-3pm

10. Croydon 60+ Club

58 Addiscombe Road, Croydon, CR0 5PH

Tel: 020 8680 0084

Email: darbyjoan7@yahoo.co.uk

Services Provided: B, E, H, J, L

9.30-3.30pm

Mon-Sat

11. Eastern Oasis Luncheon Club

Correspondence: 71 Woodcote Grove Road, Coulsdon, CR5 2AL

Meets at: The Salvation Army, 66 High Street, Thornton Heath, CR7 8LF

Tel: 020 8683 2996 or 07956 219163 Email: easternoasisluncheon-

club@gmail.com

Services Provided: A, B, H, J

11.30-5pm

Tue and Thurs

12. Fieldway Over 50's

Correspondence: 39 The Lindens, Fieldway, New Addington, CR0 9EJ

Meets at: Fieldway Community Centre, Fieldway, New Addington,

Croydon, CR0 9AZ

Tel: 01689 842 682 Email: valeriegage36@yahoo.com

Services Provided: D, E, J, L

10.00-12 noon

Thurs

13. Jagruti Women's Group

Correspondence: 9 Wessex Court, 15 Bickley Road, Bromley, BR1 2ND

Meets at: Winterbourne Youth Centre, 28 Winterbourne Road, Thornton

Heath, CR7 7QT

Tel: 020 3719 1804

Email: info@jagrutiwomens.co.uk, Web: www.jagrutiwomens.co.uk

Services Provided: H, J (snacks provided)

12.00 - 4.00pm

Tue

KEY TO SERVICES PROVIDED

- | | |
|------------------------------------|--------------------------|
| A. Be-friending / Support Services | E. IT / Computer Support |
| B. Lunch Clubs | F. Shopping |
| C. Carers Respite / Support | G. Equipment for Hire |
| D. Coffee Mornings/ Tea Parties | H. Exercise Classes |

- | | |
|---------------------------|---------------------|
| I. Information and Advice | M. Transport Scheme |
| J. Day Centre/Pop in | N. Dementia Support |
| K. Gardening | |
| L. Outings and Events | |

Neighbourhood Care Group Details

(Opening Hours)

14. Kenley Lunch Club

Correspondence: 118 Welcomes Road, Kenley, CR8 5HH
Meets at: Kenley Memorial Hall, 92 Godstone Road, Kenley, CR8 5AB
Tel: 020 8660 1988
Email: searyakd@talktalk.net, Web: www.cnca.org.uk/kenleyclub
Services Provided: B, M Nail cutting service provided.

**11.45-1.45pm
Tue**

15. New Addington Baptist Church Community Family Project

New Addington Baptist Church, 39 Arnhem Drive, New Addington, Croydon, CR0 0EE
Tel: 01689 800291
Email: cfp@newaddingtonbaptistchurch.co.uk Web: www.newaddingtonbaptistchurch.co.uk
Services Provided: A, B I

**9am-4pm
Mon-Fri**

16. New Addington Good Samaritans

The Pop-In, 1 Salcot Crescent, New Addington, CR0 0JG
Tel: 01689 841176
Email: nagspopin@btconnect.com, Web: www.cnca.org.uk/newaddington
Services Provided: B, D, E, G, H, I, J, L, M

**9.00-4.00pm
Mon-Fri
(closes at
2pm on
Tuesdays)**

17. Old Coulsdon Centre (for the retired)

Old Coulsdon Centre, Grange Park, Coulsdon Road, Old Coulsdon, CR5 1EH
Tel: 01737 554386
Email: occr@btinternet.com, Web: www.occfr.org
Services Provided: B, C, D, H, I, J, L, M

**10am-4pm
Mon-Fri**

18. Parchmore Methodist Church and Community Centre

53 Parchmore Road, Thornton Heath, CR7 8LY
Tel: 020 8653 7353 / 8998
Email: admin@parchmore.org / jenny@parchmore.org Web: www.parchmore.org
Services Provided: B, F, H, I, J, L, M

**9.30-4.00pm
Mon-Fri**

19. Purley & Coulsdon Clubs for the Elderly (PACE)

Dorothy Mortby Centre, 119 Lansdowne Road, Purley, CR8 2PE
Tel: 020 8668 2270 Email: pace119@btinternet.com
(Shopping bus to Tesco operates on Tuesdays - call to check availability and pick up/return times in your area)
Services Provided: B, C, F, J, L

**11.30-3.30pm
Wed /
10.00-3pm
Thur /
11.00-2pm
Fri**

Neighbourhood Care Group Details

(Opening Hours)

20. Purley Cross Centre (Community Information)

24 High Street, Purley, CR8 2AA
Tel: 020 8668 4189
Email: manager@purleycrosscentre.org
Web: www.purleycrosscentre.org
Services Provided: E, I

**10.00-2pm
Mon-Fri**

21. St. Andrew's Contact Group

St Andrew's Church, Woodmansterne Road, Coulsdon, CR5 2DD
Tel: 01737 555996
Email: contactgroup@standrews.coulsdon.net Web: www.standrews.coulsdon.net
Services Provided: A, D, F, I, J, L, M

**9am-5pm
Mon-Fri
(Pop in every
second
Tuesday in the
month from
2-4pm)
10.00-12noon
Mon-Fri**

22. St. Edmund's Caring Group, Riddlesdown

Correspondence: 20 Lower Barn Road, Purley, CR8 1HQ
Tel: 020 8651 9442
Email: richardwragg@hotmail.co.uk
Services Provided: A, B, F, L, M

23. Sanderstead Neighbourhood Care

All Saints Hall, Onslow Gardens, Sanderstead, CR2 9AB
Tel: 020 8657 8289
Email: sanderstead.neighbourhood.care@gmail.com
Services Provided: A, B, F, I, L, M

**10.00-12.30pm
Mon-Fri**

24. Selsdon Centre for the Retired

Selsdon Community Centre (Next to Sainsbury's)
132 Addington Road, South Croydon, CR2 8LA
Tel: 020 8651 1111
Email: selsdon.centre@btinternet.com, Web: www.selsdoncentre.org.uk
Services Provided: B, E, H, J, L, M

**10.00-2.30pm
Mon-Fri**

25. Selsdon Contact

Selsdon Community Centre, (Lower ground floor, Sainsbury's),
132 Addington Road,
South Croydon, CR2 8LA
Tel: 020 8651 4944
Email: info@selsdoncontact.org.uk, Web: www.selsdoncontact.org.uk
Services Provided: A, C, D, E, F, G, I, K, L, M

**10.00-3pm
Mon-Fri**

KEY TO SERVICES PROVIDED

A. Be-friending / Support Services	E. IT / Computer Support
B. Lunch Clubs	F. Shopping
C. Carers Respite / Support	G. Equipment for Hire
D. Coffee Mornings/ Tea Parties	H. Exercise Classes

I. Information and Advice	M. Transport Scheme
J. Day Centre/Pop in	N. Dementia Support
K. Gardening	
L. Outings and Events	