

The Aztec Centre (Croydon Equipment Solutions)

Our range of equipment will help you stay independent. Just tell us your challenges and we will find a solution that suits you!

Our Range of Mobility Solutions Include:

HELP WITH DAILY LIVING

- Riser recliner chairs
- High seat chairs
- Beds and mattresses
- Hoists
- Bathing /Toileting
- Various Small Kitchen / Dressing equipment
- Telecare (Pendant Alarms)

Walking Frames, Mobility Scooters, Fitting hand rails and grab rails.

Open Mon - Fri: 9am - 5pm

Tel:020 8664 8860 (ex: 229)

**Aztec Centre, 28 Boulogne Road, Croydon,
CR0 2QT**

Carer's Befriending Service

Are you a carer? Would you benefit from extra support a telephone friendship could provide?

Being a carer can be hard to adapt to. Not having someone to talk to about your responsibilities/caring role can be lonely and isolating. That's where the Carers Telephone Befriending service can help!

If you, or someone you know feels lonely and isolated, has little or no support from family or friends and is happy to have a conversation over the phone, please contact us.

Phone: 020 8654 4440
Email: carers@cnca.org.uk



**Croydon
Neighbourhood
Care**

Neighbourhood Care Services

**Supporting Adults throughout the
Borough of Croydon**

Tel:020 8662 1000

Central Hall
Davidson Lodge
Freemasons Road
Croydon
CR0 6PD

Email: info@cnca.org.uk
Web: www.cnca.org.uk

Supported by

CROYDON
www.croydon.gov.uk



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CHARITY**
SERVICE DELIVERY GROUP



**INVESTORS
IN PEOPLE** | Bronze

Croydon Neighbourhood Care

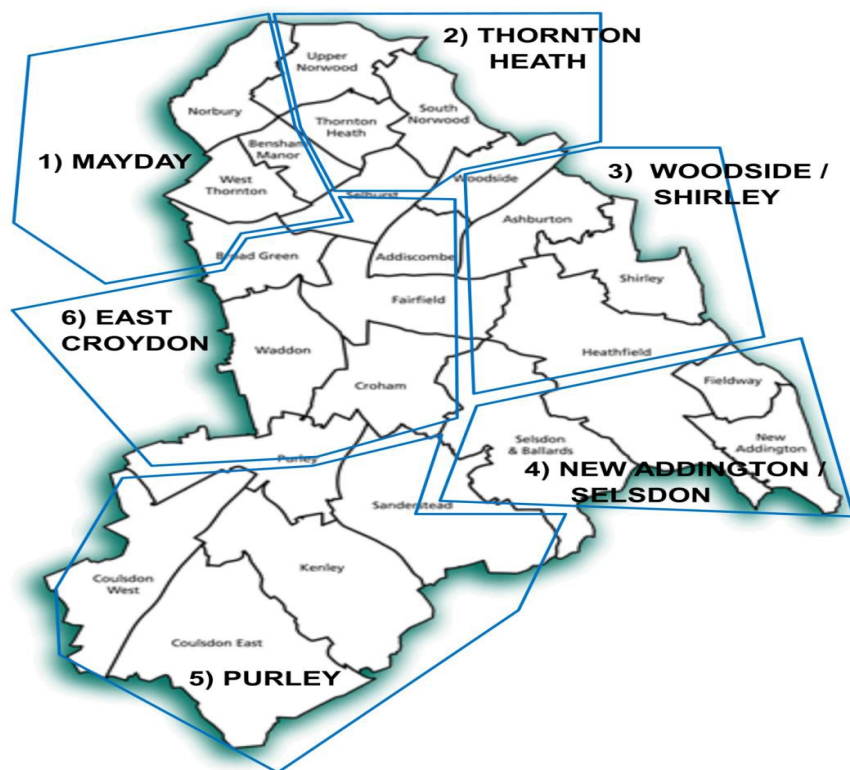
Croydon Neighbourhood Care is an umbrella charity, working to meet the needs of Isolated, vulnerable and frail people throughout the Borough. We support local Neighbourhood Care Associations and provide services and advice to adults within Croydon.

Our principal objective is to promote, support and develop local Neighbourhood Care Schemes to continue to provide preventative services to the community through best practice, training and development.

We offers services such as; DBS checks, printing, policies support and partnership initiatives.

All organisations within this Brochure belong to our Membership Scheme - If you wish to join us, please contact us direct.

Map of Croydon



DBS Checks

The Disclosure and Barring Service (DBS) Checks (previously CRB Checks) are an essential part of running an Organisation/Group which deals with Vulnerable Groups and Volunteers. It is now a Statutory requirement for many Neighbourhood Care Groups, Third Sector Organisations and Private Sector Groups (Medical Practices, Clinics, Dentists, etc.) to ensure that all their Salaried Staff and Volunteers are DBS Checked, especially if they are receiving funds from or dealing with Governmental/Local Government Organisations like the London Borough of Croydon.

We are able to provide the following:

- We can ensure that the necessary Documentation is completed promptly to allow DBS Application Forms to be processed
- Detailed instructions and guidance notes to assist the Organisation/Group and Applicant
- A completely confidential service with a free tracking service
- A competitively priced fee structure
- One-to-One meetings if required

CNCA Membership Services

- Advertising of your Group Services in the CNCA Brochure
- DBS Checks - Official Counter Signatory
- Access to Training Programmes organised and hosted by CNCA
- Attendance at CNCA's Membership Forum Meetings
- Advice, Information and Support
- Referrals to our Befrienders and Telephone Befrienders
- Circulation of Information around other CNCA Member Groups

For any of these services please contact us on either 020 8662 1000 or info@cnca.org.uk

Neighbourhood Care Group Details

Other Member Groups (Continued)

6. Inaspectrum

Correspondence: 72 Falkland Park Avenue, South Norwood, London, SE25 6SH

Tel: 07900 990292

Email: inaspectrum@hotmail.com Web: www.inaspectrum.com

Enabling Adults with Autism

Services Provided: D, L, M, O

7. Shahjalal Mosque and Islamic Cultural Centre

170 Handcroft Road, Thornton Heath, Croydon, CR0 3LE

Tel: 020 8664 1874

Email: info@shahjalalmasjid.co.uk

Services Provided: Daily Prayer Meetings, Children's Religious Classes, Fun days.

8. Shiloh Senior Members Community Club

Shiloh Church Hall, 61-69 Bensham Grove, Thornton Heath, CR7 8DD

Tel: 020 8771 1565

Email: church@shilohworshipcentre.org, Web: www.shilohworshipcentre.org

Open: 11am-3pm, two Tuesdays in a month

Services Provided: B

9. Stroke Action Croydon

103 Granville Close, Croydon, CR0 5PZ

Tel: 020 8688 8132 / 07903 052 577

Email: Strokeactioncroydon@yahoo.co.uk Web: www.strokeactioncroydon.org

Services Provided:

10. Subrang Arts

43 Brancaster Lane, Purley, Croydon, CR8 1HJ

Tel: 0775287133

Email: info@subrangarts.co.uk

Services Provided: K

Key to Neighbourhood Care Groups

No.	Group Name	Position on Map
1.	Abbeyfield Sanderstead Society Ltd	(5)
2.	Abbeyfield Southern Oaks	(5)
3.	Addiscombe Neighbourhood Care Association	(6)
4.	Age UK Croydon	(2)
5.	Age UK Croydon	(6)
6.	Age UK Croydon	(6)
7.	Croham Hurst Good Neighbours	(6)
8.	Croydon African Caribbean Family Organisation	(2)
9.	Croydon Asian Women's Organisation	(2)
10.	Croydon 60+ Club	(6)
11.	Eastern Oasis Luncheon Club	(5)
12.	Fieldway Over 50's	(4)
13.	Jagruiti Women's Group	(2)
14.	Kenley Lunch Club	(5)
15.	New Addington Baptist Church Community Family Project	(4)
16.	New Addington Good Samaritans (N.A.G.S)	(4)
17.	Old Coulsdon Centre (for the retired)	(5)
18.	Parchmore Methodist Church and Community Centre	(2)
19.	Purley & Coulsdon Clubs for the Elderly (P.A.C.E)	(5)
20.	Purley Cross Centre	(5)
21.	St Andrew's Contact Group	(5)
22.	St Edmund's Caring Group	(5)
23.	Sanderstead Neighbourhood Care	(5)
24.	Selsdon Centre for the Retired	(4)
25.	Selsdon Contact	(4)
26.	Shirley Neighbourhood Care Scheme	(3)
27.	South Croydon Day Centre for the Elderly	(6)
28.	South Norwood & Woodside Community Association (S.N.W.C.A)	(2)
29.	Timebridge Community Centre	(4)
30.	Upper Norwood Association for Community Care (U.N.A.C.C)	(2)
31.	Waddon Community Outreach	(6)
32.	Westbury Community Project	(6)

No.	Other Member Groups	Position on Map
1.	Action on Elder Abuse	(1)
2.	Age Unlimited Enriching Skills	(6)
3.	Avenues Group	(6)
4.	Broad Green Tai Chi Group	(6)
5.	Family Focus	(6)
6.	Inaspectrum	(2)
7.	Shahjalal Mosque and Islamic Cultural Centre	(2)
8.	Shiloh Senior Members Community Club	(2)
9.	Stroke Action Croydon	
10.	Subrang Arts	(5)

Neighbourhood Care Group Details

1. Abbeyfield Sanderstead Society Ltd

2 Beechwood Road, Sanderstead, South Croydon, CR2 0AA

Tel: 020 8768 3737 / 020 8657 6668

Email: afidsan@tiscali.co.uk, Web: abbeyfield.com/Sanderstead

Services Provided: D (On occasion - please call for further details)

2. Abbeyfield Southern Oaks

7 West Street, Ewell Epsom, KT17 1UZ

Tel: 020 8394 0050

Email: admin@abbeyfieldsouthernoaks.org Web: www.abbeyfieldsouthernoaks.org

Services Provided: A, D, K

3. Addiscombe Neighbourhood Care Association (A.N.C.A)

(Includes Long Lane area)

The ANCA Office, St. Mildred's Centre, 30 Bingham Road, Croydon, CR0 7EB

Tel: 020 8654 5062

Email: info@anca.org.uk, Web: www.anca.org.uk

Open: 9.30am-12 noon, Mon-Fri

Services Provided: A, B, C, E, H, I, J, K, L, M, R

4. Age UK Croydon

2 Katharine Street, Croydon, CR0 1NX

Tel: 020 8680 5450 Email: aukc@ageukcroydon.org.uk

Services Provided: F, I, L

5. Age UK Croydon

81 Brigstock Road, Thornton Heath, Croydon, CR7 7JH

Tel: 020 8683 7100 Email: aukc@ageukcroydon.org.uk

Services Provided: D, G, K, M, Q, U

Offers a range of health and well-being information, daily activities and events.

6. Age UK Croydon

5th Floor, 22 Park House, Park Street, Croydon, CR0 1YE

Tel: 020 8680 5450 Email: aukc@ageukcroydon.org.uk

Services Provided: A, I, L

Advocacy, Befriending and Volunteer Services

7. Croham Hurst Good Neighbours

CHGN Office, Croham Road Baptist Church, Croham Road, Croydon, CR2 7BA

Tel: 020 8649 9678

Email: chgnoffice@gmail.com, Web: www.chgn.org.uk

Open: 10am-12.30pm, Mon-Thur

Services Provided: A, C, D, E, H, I, L, M, P, R, U

Neighbourhood Care Group Details

32. Westbury Community Project

Mercedes Amos Day Centre

Byers Memorial Hall, 183 Handcroft Road, Broad Green, Croydon, CR0 3LF

Tel: 020 8664 8101

Email: westburycomproj@aol.com

Open: 10am-4pm, Tue-Thur

Services Provided: B, E, G, K, L, M, N, T

Other Member Groups

1. Action on Elder Abuse

23-25 Mitcham Lane, LONDON, SW16 6LA

Tel: 020 8835 9280

Email: volunteers@elderabuse.org.uk Web: www.elderabuse.org.uk

2. Age Unlimited Enriching Skills

3space Croydon, 5th Floor, Southern House, Wellesley Grove, CR0 1XG

Tel: 020 8651 1343

Email: info@ageunlimited.co.uk Web: <http://www.ageunlimited.co.uk>

3. Avenues Group

c/o CVA Resource Centre, 82 London Road, Croydon, CR0 2TB

Tel: 07917 508275

Email: Sonia.gayle@avenuesgroup.org.uk

Dementia Support Services in Croydon

Services Provided: O, S

4. Broad Green Tai Chi Group

Correspondence: 146 Eastney Drive, West Croydon, CR0 3TF

Meets at: Buddhist Centre, 96-98 High Street, Croydon, CR0 1ND

Tel: 0208 240 0815 / 020 8771 8003 Email: larpeg36@yahoo.co.uk

Web: www.cnca.org.uk/broad

Open: 10.30am -11.30am, Thursdays (Cost: £5 each)

Services Provided: K

5. Family Focus

Meets at: St George's Centre, Barrow Road, Waddon, CR0 4EZ

Correspondence: 17 Chaffinch Avenue, Croydon, CR0 7SF

Tel: 07892 402363 Email: suehuxtable17@gmail.com

Open: 9.30am-11.30am, Thurs

Services Provided: L, S, T

KEY TO SERVICES PROVIDED

A. Be-friending Service

B. Lunch Clubs

C. Carers Respite / Support

D. Coffee Mornings/ Tea Parties

E. Transport

F. Pop-In

G. IT / Computer Support

H. Shopping Bus

I. Home Support Visits

J. Equipment for Hire

K. Exercise Classes

L. Information and Advice

M. Outings and Events

N. Dementia Support Services

O. Mental Health Support

P. Bereavement Support

Q. Sports Activities

R. Gardening

S. Family Support

T. Day Centre

U. Shopping Service

V. Family Services

Neighbourhood Care Group Details

26. Shirley Neighbourhood Care Scheme

Shirley Methodist Church, Eldon Avenue, Croydon, CR0 8SD

Tel: 020 8662 9599

Email: sncs1970@gmail.com, Web: shirleyneighbourhoodcarescheme.co.uk

Open: 10am-12.30pm, Mon-Fri

Services Provided: A, B, E, H, L, M, U

27. South Croydon Day Centre for the Retired

Rear St. Peter's Hall, Ledbury Road, Croydon, CR0 1EP

Tel: 020 8681 7948

Email: office@southcroydoncentre.org, Web: www.southcroydondc.org

Open: 10am-4pm, Mon-Thurs

Services Provided: B, D, E, F, K, L, M, T

28. South Norwood and Woodside Community Association (S.N.W.C.A)

South Norwood Methodist Church, Suffolk Road, South Norwood, London, SE25 6EG

Tel: 020 8768 2698

Email: snwca@hotmail.co.uk

Open: 10.30am-2.30pm, Mon, Wed, Thur

Tue 2-4pm Stroke Club, Fri - Adults with learning difficulties only

Services Provided: B, E, F, K, M, T, U

29. Timebridge Community Centre

Timebridge Centre, Fieldway, New Addington, Croydon, CR0 9AZ

Tel: 01689 842992 Email: timebridgecentre@gmail.com

Services Provided: Youth Clubs (8-13 and 12-19), Community Space (for hire),

Boxing Club, Steel Band, Nursery

30. Upper Norwood Association for Community Care (UNACC))

The Waterside Centre, 26 Avenue Road, London, SE25 4DX

Tel: 020 8771 6886

Email: info@unacc.org.uk, Web: www.unacc.org.uk

Open: 9.30am-2.30pm, Mon, Tue, Wed & Fri

Services Provided: B, D, F, G, K, L, M, P

31. Waddon Community Outreach

Church House, Barrow Road, Waddon, Croydon, CR0 4EZ

Tel: 020 8688 7006

Email: patricia.vowles@yahoo.com

Services Provided: A, D, I, K, M, T

Neighbourhood Care Group Details

8. Croydon African Caribbean Family Organisation

40 Northwood Road, Thornton Heath, CR7 8HQ

Tel: 020 8127 4550

Email: info@cacfo.org.uk, Web: www.cacfo.org.uk

Open: 9am-5pm, Mon-Fri

Services Provided: A, B, C, E, F, G, K, M P, T

9. Croydon Asian Women's Organisation

Correspondence: 89 Galpins Road, Thornton Heath, CR7 6EN

Meets at: 19 Hood Close, Derby Road, Croydon, CR0 3SN

Tel: 020 8409 1152. Email: n_rashid_11@hotmail.com

Open: Every Monday from 12noon-3pm

Services Provided: D, E, I, K, M, T

10. Croydon 60+ Club

58 Addiscombe Road, Croydon, CR0 5PH

Tel: 020 8680 0084

Email: darbyjoan7@yahoo.co.uk

Open: 9.30am-3.30pm, Mon-Sat

Services Provided: B, G, K M, T

11. Eastern Oasis Luncheon Club

Correspondence: 71 Woodcote Grove Road, Coulsdon, CR5 2AL

Meets at: The Salvation Army, 66 High Street, Thornton Heath, CR7 8LF

Tel: 020 8683 2996 or 07956 219163 Email: easternoisisluncheonclub@gmail.com

Open: 11.30am-5pm, Tue and Thurs

Services Provided: A, B, I, K T

12. Fieldway Over 50's

Correspondence: 39 The Lindens, Fieldway, New Addington, CR0 9EJ

Meets at: Fieldway Community Centre, Fieldway, New Addington, Croydon, CR0 9AZ

Tel: 01689 842 682 Email: valeriegage36@yahoo.com

Open: 10am-12 noon, Thurs

Services Provided: D, G,M T

13. Jagruti Women's Group

Correspondence: 9 Wessex Court, 15 Bickley Road, Bromley, BR1 2ND

Meets at: Winterbourne Youth Centre, 28 Winterbourne Road, Thornton Heath, CR7 7QT

Tel: 020 3719 1804

Email: info@jagrutiwomens.co.uk, Web: www.jagrutiwomens.co.uk

Open: 12 noon - 4.00pm, Tue

Services Provided: K, T (snacks provided)

KEY TO SERVICES PROVIDED

A. Be-friending Service

B. Lunch Clubs

C. Carers Respite / Support

D. Coffee Mornings/ Tea Parties

E. Transport

F. Pop-In

G. IT / Computer Support

H. Shopping Bus

I. Home Support Visits

J. Equipment for Hire

K. Exercise Classes

L. Information and Advice

M. Outings and Events

N. Dementia Support Services

O. Mental Health Support

P. Bereavement Support

Q. Sports Activities

R. Gardening

S. Family Support

T. Day Centre / Social Centre

U. Shopping Service

V. Family Services

Neighbourhood Care Group Details

14. Kenley Lunch Club

Correspondence: 118 Welcomes Road, Kenley, CR8 5HH
Meets at: Kenley Memorial Hall, 92 Godstone Road, Kenley, CR8 5AB
Tel: 020 8660 1988
Email: searyakd@talktalk.net, Web: www.cnca.org.uk/kenleyclub
Open: 11.45am-1.45pm, Tue (last Tue in month Bingo 11.45am-2.45pm)
Services Provided: B, E Nail cutting service provided.

15. New Addington Baptist Church Community Family Project

New Addington Baptist Church, 39 Arnhem Drive, New Addington, Croydon, CR0 0EE
Tel: 01689 800291
Email: cfp@newaddingtonbaptistchurch.co.uk Web: www.newaddingtonbaptistchurch.co.uk
Open: 9am-4pm, Mon-Fri
Services Provided: A, B, I, S
Advocacy is offered around housing, benefits and health.

16. New Addington Good Samaritans

The Pop-In, 1 Salcot Crescent, New Addington, CR0 0JG
Tel: 01689 841176
Email: nagspopin@btconnect.com, Web: www.cnca.org.uk/newaddington
Open: 09.00am-4.00pm, Mon-Fri (closes at 14.00 pm on Tuesdays)
Services Provided: B, D, E, F, G, J, K, L, M, Q,

17. Old Coulsdon Centre (for the retired)

Old Coulsdon Centre, Grange Park, Coulsdon Road, Old Coulsdon, CR5 1EH
Tel: 01737 554386
Email: occr@btinternet.com, Web: www.occfr.org
Open: 10am-4pm, Mon-Fri
Services Provided: B, C, D, E, F, K, L, M

18. Parchmore Methodist Church and Community Centre

53 Parchmore Road, Thornton Heath, CR7 8LY
Tel: 020 8653 7353 / 8998
Email: admin@parchmore.org / jenny@parchmore.org Web: www.parchmore.org
Open: 9.30am-4.00pm, Mon-Fri
Services Provided: B, E, F, K, L, M, U

19. Purley & Coulsdon Clubs for the Elderly (PACE)

Dorothy Mortby Centre, 119 Lansdowne Road, Purley, CR8 2PE
Tel: 020 8668 2270 Email: pace119@btinternet.com
Open: 11.30am-3.30pm Wed, 10am-3pm Thur, 11am-2pm Fri (Shopping bus to Tesco operates on Tuesdays - call to check availability and pick up/return times in your area)
Services Provided: B, C, M, T, U

Neighbourhood Care Group Details

20. Purley Cross Centre (Community Information)

24 High Street, Purley, CR8 2AA
Tel: 020 8668 4189
Email: manager@purleycrosscentre.org, Web: www.purleycrosscentre.org
Open: 10am-2pm, Mon-Fri
Services Provided: G, L

21. St. Andrew's Contact Group

St Andrew's Church, Woodmansterne Road, Coulsdon, CR5 2DD
Tel: 01737 555996
Email: contactgroup@standrews.coulsdon.net Web: www.standrews.coulsdon.net
Open: 9am-5pm, Mon-Fri
Pop in every second Tuesday in the month from 2-4pm
Services Provided: A, D, E, F, I, L, M, P, U

22. St. Edmund's Caring Group, Riddlesdown

Correspondence: 20 Lower Barn Road, Purley, CR8 1HQ
Tel: 020 8651 9442 Email: richardwragg@hotmail.co.uk
Open: 10am-12 noon, Mon-Fri
Services Provided: A, B, E, I, M, S, U

23. Sanderstead Neighbourhood Care

All Saints Hall, Onslow Gardens, Sanderstead, CR2 9AB
Tel: 020 8657 8289
Email: sanderstead.neighbourhood.care@gmail.com
Open: 10am-12.30pm, Mon-Fri
Services Provided: A, B, E, L, M, U

24. Selsdon Centre for the Retired

Selsdon Community Centre (Next to Sainsbury's)
132 Addington Road, South Croydon, CR2 8LA
Tel: 020 8651 1111
Email: selsdon.centre@btinternet.com, Web: www.selsdoncentre.org.uk
Open: 10am-2.30pm, Mon-Fri
Services Provided: B, E, F, G, K, M

25. Selsdon Contact

Selsdon Community Centre, (Lower ground floor, Sainsbury's), 132 Addington Road, South Croydon, CR2 8LA
Tel: 020 8651 4944
Email: info@selsdoncontact.org.uk, Web: www.selsdoncontact.org.uk
Open: 10am-3pm, Mon-Fri
Services Provided: A, C, D, E, G, H, I, J, L, M, P, R, S, U

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